



NEWSLETTER OF
ST. MATTHEW'S
ANGLICAN CHURCH
1600 NORFOLK ST.
WINDSOR, ONTARIO
N9E 1H5

INSIDE THIS ISSUE:

From Our Parish Council	2
VESTRY MEETING	2
SPECIAL SERVICES	3
Ask the Rector	3
News from Our Diocese	4
Websites of interest	4
Christmas Pageant	5
PWRDF Lenten Soup Lunches	5
Compassion	6
What is this Place?	7
The Cross	8
Crosses at St. Matthew's	8
Mission to Ghana	9
Needlework Kneelers	9
Sunday School Update	10
Outreach News	10
To Shirley	11
Important Dates	12
News from the Pews	13
Garden of Gethsemane	14
Church information	14

The Journey

At St. Matthew's

VOLUME IV ISSUE I

LENT 2016

"We are called to share God's love as we welcome
and care for our community"



A Message from Our Rector

Being Fed With What Really Matters...

Back in January, we observed the renewing of our baptismal promises at St. Matthew's. This was done in the context of hearing the gospel for that day: the account of Jesus himself being baptized in the Jordan River. What we *didn't* hear that day was what happened to Jesus immediately after his baptism. On the first Sunday of Lent (Feb. 14 this year), we hear the rest of the story. Luke's telling of the story puts it this way: "Jesus... was led by the Spirit in the wilderness, where for forty days he was tempted by the devil." (Lk. 4:1-2) The 40-day season of Lent is the church's way of entering the Jesus story in solidarity with him. Just as Jesus was tempted by the devil to stray from God, and choose "more appealing things", so we too can spend the season examining some of the ways this might be true for us. A good question to ask oneself during Lent is, "What are the things that compete for my time with God, perhaps even drawing me away from closeness with God?"

An antidote to the various distractions of life comes in setting aside regular time each day, to read scripture, and to pray. You might want to try this for yourself: using the suggested Lenten readings found in the Book of Alternative Services (pp. 458-462), you will find yourself on a 40-day spiritual journey that features readings from the Book of Genesis (chapters 37-50) and the Book of Exodus (chapters 2-10) as well as passages from the Gospel of Mark. Through these readings, you will encounter the themes of human enslavement and God's liberation, as well as the path of Christian discipleship.

In one of his encounters with the devil, Jesus declares that "One does not live by bread alone, but by every word that comes from the mouth of God." (Matthew 4:4). It is a reminder to us that God's word is nourishment for our lives. I invite you to keep a holy Lent – and there are many ways of doing so – and especially to consider spending some special, regular time with God. **Listen to the word. Listen for the Word. And allow yourself to be fed with what really matters!**

Andreas

"For God so loved the world that
he gave his only Son, that whoever
believes in him should not perish
but have eternal life."

John 3:16

To Shirley, with love.



Our new Parish Council looks forward to serving you this year, and is excited about the prospects of the coming year.

From Our Parish Council

Despite an increase in our apportionment by over \$10,000 to \$29,807, we expect that with other improvements and other changes, we will meet our financial obligations.

In addition, we expect to complete our major Renew renovation plan this year. We completed 2015 with a \$2000 surplus in operating funds, even though we accomplished numerous improvements to our church, including resealing the parking lot, installing new LED lights throughout the church, and more. We want to thank Jane Patterson for taking on the role of treasurer and bookkeeper. We want to ensure everyone that we have safeguards to protect our finances, including all bank transactions require 2 warden signatures. Jane's commitment allows us to save over \$5000 a year. Coupled with decreases in our utility charges, phone and rental charges, we predict that these changes will cover our increase in apportionment.

Again, your Churchwardens ask that if you find a maintenance issue that you write it down in the ledger book in the Choir Room, and do not make the changes yourself. Thank you for your co-operation.



We are expecting to review bids for our renovation plan in February, and hope to have the monies to approve one of these bids, so renovations can be completed by Easter. **We are getting close to our fund raising goals, but still need all to consider donating or adding to their donations for this important improvement to our church.**

We are also planning to change the displays for our outreach in the narthex, and are looking to have more parish involvement in food donations, which we plan to expand to 4 food banks.

Everybody is welcome to attend our meetings, usually on the **third** Wednesday of the month, starting at 7:30 PM, in the choir room. **Next Meeting: February 17.**

Summary of the 2016 Vestry Meeting, January 24

Firstly, we remembered parish members who passed away in 2015: Evelyn Jaques, Joyce Durocher, Betty Hanna, Gordon Wilson and Shirley Cattle.

After approval of the minutes of our last Vestry meeting, and the Special Vestry meeting (May 3, 2015), we approved the reports from our varied ministries. Financial reports were provided by our envelope secretary, Beth Felet and new Treasurer, Jane Patterson, outlining that we did well in 2015. Comparisons of giving to 2014 were complicated due to substantial donations to our Renew project. However, givings to the general fund and apportionment were comparable to 2014, and we ended the year with a \$1740 surplus.

After a short discussion, the budget for 2016 was unanimously approved. Thanks to Jane taking over treasurer duties, including bookkeeping, and savings we have found in utility costs, we expect to achieve our budgetary goals.

The nominating committee report was amended as Paul Allsop is leaving Parish Council, and Wally Atkinson volunteered to stand as one of our two Lay Delegates to Synod.

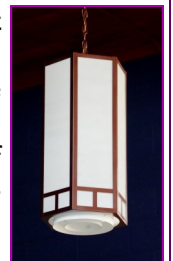
Discussion of the renovations was complimented by the showing of one of the pendant lights that will be installed in the church (see right). Further discussion included the opportunity to make special or memorial donations for the purchase of the 12 large pendant lights (\$1000/light) or 8 smaller side lights (\$500/light). We also discussed that \$60,000 from our memorial donations and unrestricted reserve have been earmarked for the renovation plans. We have \$99,813 plus further commitments of donations for the project, leaving less than \$14000 needed. A special vestry meeting has been scheduled for February 14 following the 10 AM service, to discuss the renovation committee's report on 3 competing bids for the renovation. Current plans are to have renovations completed by Easter.

A request that Minutes of Parish Council meetings be displayed in the hall is to be considered, and further suggestions included emailing minutes to all parishioners.

Submitted by Paul Finlayson, Warden

A special vestry meeting has been scheduled for Sun.

February 14, after the 10 AM service, to discuss the report on 3 competing bids for our renovations.



Special Services this Season



Ash Wednesday February 10 at 7:30 pm
Holy Eucharist with the Imposition of Ashes

Palm Sunday March 20 at 10:00 am only

The Triduum

Maundy Thursday March 24 at 7:30 PM

Good Friday March 25 at 12 Noon

Saturday Easter Vigil March 26 at 8:00 PM



EASTER SUNDAY

March 27 at 8:30 and 10:00 am

Ash Wednesday photo from: <http://www.anglicanjournal.com/articles/40-days-to-easter>
Palm Sunday and Crown & Lilies, see p.9; Vigil/Easter photos by Gordon Drake (2015)

Ask the Rector

A regular column in which you get to ask whatever is on your mind. (All submissions will be considered anonymous.)

Q: In the version of the Nicene Creed that we find in the Book of Common Prayer, we profess belief in "... the Holy Ghost... who proceedeth from the Father and the Son...". In the Book of Alternative Services, the *filioque*, or "and the Son" is omitted. What was the reason for the omission, and does it make any difference to our faith?

A: This is a question which requires many, many pages (if not, books) to explain adequately! To be brief, when the BAS was under consideration, the theologians involved were responding to an agreement reached at the 1978 Lambeth Conference, which was to omit the phrase "and the Son" from the Creed. By doing so, Anglicans were indicating an openness to the views of the Eastern (Orthodox) Churches, who had claimed for many centuries that the "*filioque*" clause had been a late addition to the original Creed. The Roman Catholic Church had long seen things differently, and they insisted on keeping "and the Son" in their recitation of the Creed. The great split between the eastern and western branches of Christianity in 1054 was prompted by doctrinal differences such as this. For academics and theologians, such details matter a great deal, since they influence entire disciplines, such as Trinitarian theology. Disagreements among various groups of Christians have sadly kept us apart, nowhere close to realizing the ideal given by Jesus in scripture: "that they may all be one" (John 17:21). Your final question ("does it make any difference to our faith?") is a compelling one. I suspect that most people would say that their individual faith isn't affected by this issue. **I'd be interested in hearing from you all: does it**

make any difference to YOUR faith?

Andreas†

Stay tuned for other fascinating questions and answers!

News from our Diocese

CO-ADJUTOR BISHOP ELECTION FEBRUARY 13, 2016

Our diocesan family has been preparing for the election of a Co-adjutor Bishop. (The title "Co-adjutor" is used for a bishop who will succeed the current Diocesan Bishop upon his retirement.) On February 13, delegates will gather at our cathedral church in London, where we'll cast ballots for the candidate of our choice. There are eight individuals who have been nominated, all of them bringing their own unique gifts and passions to the slate. Their biographies and views have been featured in a past issue of the Huron Church News, and if you have internet access, you may wish to hear the candidates speak for themselves. The Diocesan Youtube page features short interviews, and it can be found at:

<https://www.youtube.com/channel/UCiBFzz8sXYjsLDIg9ZPd6A>

If you have any thoughts regarding the upcoming election that you'd like to share with our delegates to synod (Matt Bulley, Wally Atkinson, Rev'd Cathy, Rev'd Andreas), please let them know before the Feb. 13 election. In the meantime, all of us are invited to participate in this election for Co-adjutor Bishop by including the following prayer, found in the Book of Alternate Services, in our times of devotion:

The Installation Service for our new bishop will take place at St. Paul's cathedral on Saturday, April 16. Details to follow.

Almighty God, giver of all good gifts, look on your Church with grace, and guide the minds of those who shall choose a Co-adjutor Bishop for this Diocese of Huron, that we may receive a faithful servant who will care for your people and support us in our ministries; through Jesus Christ our Lord. Amen.



The Bishops' Friends Essex Christmas Dinner December 9, 2015 at the Macedonian Centre

A delicious meal, busy auction and the traditional festive Christmas spirit, made this another successful event, which supports the work of our bishops around our Diocese. St. Matthew's was again well represented; thank you to all who sponsor this important ministry.



Photography by
Gordon Drake

There are several ways of keeping current with developments across our Diocese of Huron. One source of news is the Huron Church News, mailed to all parishioners every month, accompanied by the Anglican Journal. If you don't currently receive these publications, and would like to, please let Rev'd Andreas know.

Have you joined our e-mail communication list? It is the fastest and most environmentally friendly way to receive communications from our clergy. Enroll at saintmatthewswindsor@gmail.com

Do you receive "The Journey" by e-mail? You could get your newsletter in PDF in full colour and save some trees by joining the e-mail distribution list. Request your subscription at irene.savva3691@gmail.com

Also, check out these websites and stay connected at all levels of Anglicanism:

St. Matthew's Church
Deanery of Essex
Diocese of Huron
Anglican Church of Canada
Primate's World Relief
and Development Fund (PWRDF)

saintmatthewswindsor.ca
essexdeanery.com
diohuron.org
Anglican.ca
pwrdf.org

AND: www.anglicansonline.org

An interesting website featuring links to various other Anglican sites around the world.



This Christmas, we had a “Congregational Christmas Pageant” rather than the traditional children’s pageant. Our “audience” found themselves suddenly in the middle of the story when our troop of eager angels handed out a variety of props to parishioners in the pews and our actors encouraged everyone to participate in the story.

Many parishioners rose to the challenge, answering questions, going forward with shepherds and bringing a sense of engagement to the pageant that was refreshing. I was asked by many for a repeat next year! (hmm, or a new surprise? – we’ll see!)

Mary Grace Weir, 2015 Christmas Pageant Coordinator



Photography by Paul Finlayson

The Primate’s World Relief and Development Fund (PWRDF)

The Canadian Anglican response for emergency relief, refugees, development and justice.



Lenten Soup Lunches

Every Sunday during Lent, after the 10:00 am service

Free will offering All proceeds go to the PWRDF



Come and enjoy delicious donated homemade soups and breads, and the best fellowship.

Photography by Gordon Drake (2014, 2015)

COMPASSION

By Doug Warford

What is compassion? The Merriam Webster dictionary defines compassion as “pity and concern for the sufferings and misfortunes of others.” In Latin, compassion means “to suffer together.”

In many religions, compassion is considered to be one of the greatest virtues.

Compassion is the feeling that arises when you experience another’s suffering and feel motivated to help relieve that suffering. It has been proven that using compassion when helping others makes us feel happy which in turn activates the pleasure and reward circuits in the brain. Other medical occurrences such as the reduction of heart disease, and the lessening of stress, can occur, resulting in a happier and more content life.

Working in an environment that requires a continual display of compassion and concern can be both rewarding and demanding. The simple process of listening as someone expresses anger, grief, or despair, can help make that person feel less vulnerable to loneliness. This, in turn causes less stress and harm to the immune system.

While discussing my feelings with a counsellor as a first year volunteer in a Cancer Centre, I was asked how I felt about talking to cancer patients. I replied that I had found that most people just wanted someone to talk to about their illness - someone who displayed compassion and understanding and who was willing to give them a listening ear. My question to my counsellor was, “Why do I feel happy doing this when the person is obviously suffering?” His reply was that by listening to the patients expressing their feelings, I was releasing chemicals in my brain such as serotonin, dopamine, oxytocin, and endorphins, which make people feel not only happy, but rewarded, respected and trusted. Simply put, by helping others in a meaningful and heartfelt way, I was assisting not only the people that I was listening to, but also benefiting myself in a positive way.

In a recent appearance at Windsor Regional Hospital, Dr. Timothy Gilligan, a renowned US cancer specialist, gave a presentation entitled “Compassionate Care.” He stated that “...meaningful patient care begins by communicating with the patient, and that listening and talking with patients is a critical part of their treatment.”

“Compassion is our Passion” is a Windsor Regional Hospital motto and it’s not just a clever play on words; it has a meaningful objective. As David Musyj, CEO of Windsor Regional Hospital said:

“...compassionate care is what patients are lacking. The days of walking into a patient’s room and walking out are over. Patients expect to be communicated with appropriately.”

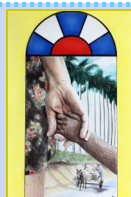
So whether you are the charge nurse, the housekeeper, or the volunteer, expressing compassion to others makes this world we live in just that much better.

Doug Warford is a retired teacher whose career includes 25 years of elementary school teaching and 12 years of Adult ESL. He currently spends his time volunteering, reading, relaxing and riding his Harley Davidson. Doug and Janet have been attending St. Matthew’s for approximately seven years and enjoy the fellowship and camaraderie that the church offers.



World Day of Prayer (WDP) The World Day of Prayer is a global ecumenical movement which brings Christians of many traditions together to observe a common day of prayer each year, on the first Friday of March. Their motto of “Informed Prayer & Prayerful Action” signifies that prayer and action are inseparable. **WORLD DAY OF PRAYER 2016: FRIDAY MARCH 4, 2016 (CUBA)**

More information: <http://www.wicc.org/world-day-of-prayer>



What is this Place?

By Sue Bernard

PAGE 7

Sue is one of the long time members of our congregation who addressed this question at our 60th Anniversary Celebration on Sept. 27, 2015. And this was her inspiring answer:

“Hello all, these are my thoughts on what St. Matthew’s represents for me: It is a place full of God’s love; the scripture reading *John 14:2* speaks to me and it seems to describe this very well: **“In my father’s house are many rooms, if it were not so would I have told you that I go to prepare a place for you?”** Many of my own experiences here at St. Matthew’s have reflected and brought to life this particular scripture passage. God is here. St. Matthew’s is God’s house with many rooms. Many parishioners throughout the 60 years of St. Matthew’s have prepared and nurtured this church for us and future generations. This is a dwelling place where God’s love is alive.

I first felt this love in the kitchen; no, it was not the food prepared there, but during Sunday school class. During the 1970s we had a large Sunday school. We used many rooms and dividers to create classrooms. My Sunday school class was held in the kitchen. It was quiet and cozy and the Sunday school teacher made God and his love for us present in that room.

I have also felt this love in other rooms of St. Matthew’s. In the choir room where we strive to bring the love and family presence experienced here at St. Matthew’s to others, as we discuss our outreach goals.

I have felt it in the sacristy as we prepare the church for Sunday worship. We take care to show reverence for God’s gifts shared with us at the Eucharist. And this love is present in the church proper.

In the pews with others around me I have felt it. Thru prayer and even tears. As my good friend Lynn used to call it, the crying pew where we both sat.

And God’s love is even apparent in the narthex as we greet newcomers and regular parishioners each Sunday morning. For myself I have felt God’s presence as I’ve prepared a casket of a loved one there and been a bride about to walk down the aisle on my wedding day.

The St. Matthew’s family love is all around us in many rooms. Even outside, God’s love is evident in our front garden as the ladies of the craft guild recently enjoyed. God’s love is seen and felt in each of these rooms.

St. Matthew’s family love is so evident in this building of many rooms.

WE are so blessed to have experienced this faith family here at St. Matthew’s.”



Life in the Eucharist,
1997 and 1998

Sunday School baking
muffins for Marlboro
School’s Breakfast, 2016



Learning the
Lord’s Prayer in
sign language,
2000



All Saints’ Sunday,
2014



The Palin-Bernard
Wedding, 1983



St. Matthew’s
front garden,
2006

Photos from parishioners (1997, 2016)

LENT 2016

The Cross in Christianity Part I

By Irene Savva

Throughout the history of humanity, crosses have been used as symbols; for the druids, the cross inside a circle represented the Sun, and the looped cross (Ankh) was the symbol of life for the Egyptians. Crosses have also had practical purposes, for example, as markers on a map or the site of a burial spot. For almost 300 years after the death and resurrection of our Lord, early Christians were persecuted and crosses were used as instruments of torture, as crucifixions were still being inflicted by the Romans. Back then, although there is evidence that Jesus' followers already used the sign of the cross, they adopted other symbols to be able to quietly identify each other, such as the *Ichthus* (see p. 9).

In 312 AD, before his great battle against Western Rome Emperor Maxentius, Constantine had a vision of a flaming cross bearing words in Greek meaning "in this, you conquer." After coming out victorious, and as the new emperor of Western Rome, he co-signed the Edict of Milan with Eastern Roman emperor Licinius; this agreement granted freedom of worship to all, and in particular to Christians, providing them with legal rights and marking the end of their persecution. Eventually Constantine accomplished the unification of the Roman Empire in 324 AD and chose mostly Christian Byzantium as the centre of the empire, renamed Constantinople (today Istanbul). It is around this time that the cross in physical form was not only allowed in public, but was embraced as the symbol of Christianity, with encouragement from Constantine the Great, the first Roman Emperor to convert. Depictions of the Crucifixion, in painting or statues, did not appear until much later, as well as the first crucifixes (a cross with the figure of Christ, or *corpus*, e.g., see p. 9), usually placed around the 9th Century.

Since then, many Christians have accepted the cross as a reminder of God's love through Jesus' ultimate sacrifice, and nowadays we often take for granted the display of crosses in sanctuaries and cemeteries, the gift of crosses to wear around our neck or as an aid for prayer, and even the gesture of making the sign of the cross. Others have abandoned or rejected these practices. Over the next issues of *The Journey*, some of the events that have influenced the seemingly constant shift of views on the symbol of the cross will be presented in a series of short pieces on the history of the cross in Christianity. In addition, consideration of some crosses at St. Matthew's will help us reflect upon our own history and times as a church family.

Sources: www.anglican.ca/help/faq/sign-of-the-cross
www.britannica.com/topic/cross-religious-symbol

www.newadvent.org

Crosses at St. Matthew's PART I: Palm Crosses

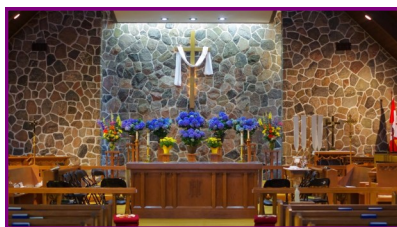
In many churches, crosses are covered or rearranged for the Lenten season, inviting us to inward reflection and prayer. At St. Matthew's, crosses first reappear on Palm Sunday. Palm fronds and crosses are offered to parishioners to carry in procession to commemorate the entry of Jesus into Jerusalem. These fronds and crosses are then collected a few days before the following Lent season, and are burnt to use for the Imposition of Ashes on Ash Wednesday, in a symbolic cycle to "Remember that thou art dust and to dust thou shalt return."



Photography by Gordon Drake (2015)

From Our Chancel Guild

The envelopes for Easter flowers will soon be out



Photography by Gordon Drake (Lent/Easter 2014)

Return with your dedications to Gwen Allsop (cash only, please). The Chancel Guild will decorate on Easter Saturday. Thank you!

The Chancel Guild invites you to the Church Hall on
Wednesday, March 16, 7 p.m.
 to make Palm Crosses for Palm Sunday

All ages are Welcome!



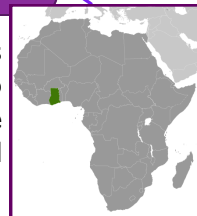
Photo from St. Matthew's archives

Rotary Mission to Ghana 2015

By Gordon and Mary Louise Drake



Ghana is on the West Coast of Africa in the part where the coast hooks around to face South, just above the equator. Ships laden with slaves used to set sail from there, heading for the West Indies and the Americas to trade them for rum and sugar. Today, it is a country in transition where mud bricks and thatched roofs meet concrete and steel.



Much of the economy still runs on subsistence farming and roadside barter, but the women of the village want to learn English and get micro-loans to reach for something better for their children. Most of them have malaria, but they go to school when they can. Rotary can help. Everywhere we go, we find teachers without classrooms, or even blackboards under the trees, but they still teach and the children are eager to learn.

This was our third trip. It is hard to resist going back to see these friendly people and their wonderful children. The people are poor monetarily, but neither poor in culture nor poor in spirit. Rotary is the builder of new schools, the provider of books for the library, the digger of wells for clean drinking water, and the distributor of mosquito nets to prevent malaria.



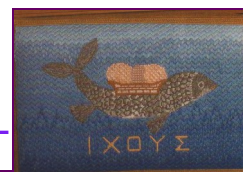
Every cent of the money we raise goes directly to these causes. We pay our own way. Last November, we spent our 10 days in Jirapa, a small town where the rain forests of the south give way to the savanna of the north. The projects from previous visits were now coming to fruition, with great celebrations and feasts on the commissioning of a renovated library, a new medical centre, new wells for schools, and especially a renovated church where our St. Matthew's Sunday School funded the carving of the crucifix over the altar [life-size, carved by a local artist].



Much has been accomplished, but much remains to be done. The efforts of our little team from Windsor Rotary might seem small in a country of 27 million people, but like the Gospel miracle of the loaves and fishes, our example may be multiplied many times over.



Gordon and Mary Lou's photo at St. Matthew's by Shirley Cantle, other photographs from Gordon Drake. Maps from "The World Factbook" @www.CIA.gov



Needlework Kneelers of St. Matthew's in this issue:

Above and Page 10: LOAVES AND FISH— Depict that there is food enough for all; no one should ever go hungry. Our Lord was able to feed five thousand people from five loaves of bread and two fish and still have baskets full left over. Created and given by Dorothy Garswood as a thank-offering. [*Ichthys* (fish in ancient Greek) is associated with the following acrostic: Iota(Ιησους)-**Jesus**, Chi(Χριστός)-**Christ** (Anointed), Theta(Θεοῦ)-**God's**, Upsilon(Υιός)-**Son**, Sigma(Σωτήρ)-**Savior**; from: <http://christiansym.com/>]

Front page: THE PELICAN— The Pelican-in-her-piety is a symbol of Lent, fasting and repenting of sins, the atonement, Sacrifice of Christ for all of our sins, as the mother pelican feeds the hungry young with the blood of her breast. Created in 1983 by Linda Hitchcock to represent the purification of sins and the sacrifices the Lord has made for us.

Page 3: PALM SUNDAY— "Most of the crowd spread their garments on the road and others cut branches from the trees and spread them on the road. And the crowds that went before him and that followed him shouted: 'Hosanna to the son of David! Blessed is He who comes in the name of the Lord! Hosanna in the highest!'" *Matthew 21:8,9*. Created and given by Karen DeVries in 1982, as a thank-offer in return for God's spiritual, physical and material blessings to her.

Page 3: CROWN OF THORNS/EASTER LILIES— Represents the triumph of the Resurrection over the pain of the Crucifixion, the joy of Easter after the passion of Good Friday. "I chose the lilies because of the joy felt at St. Matthew's on a bright and sunny Easter Sunday. The lily symbolizes the Resurrection, three of them, the Trinity. I chose the crown of thorns because I have always felt that Good Friday is one of the holiest days of the Christian calendar, but is the one totally ignored by many Christians. I was trying to show that we should not experience beauty and joy on Easter without making time in our lives to reflect and pray on Good Friday. The outline of Golgotha is in the upper right hand corner, again to remind us of Good Friday." Created and given with love in 1983 by Gwen Allsop as a thank-offering.

Sunday School Update

By Mary Grace Weir, teacher

On January 10 2016, our dedicated teachers and fearless coordinator met to discuss our impressions of and experiences with our new curriculum, the concept of teaching teams and a variety of other issues. The buzz in the room showed that we still had the same energy and sense of adventure as when we met to launch the new Sunday School four months ago. At this productive follow-up meeting, we were able to determine many things that are working well, some things that might need tweaking, and some that we will get back to for further consideration at a later date.

Generally speaking, our revamped programme has been a success. One of the greatest challenges is planning for teaching since we never know how many children of what ages will be there. Our new curriculum is helpful since it has suggestions and activities for both younger and older children. We exchanged ideas about how to engage especially the older children further and may need to consider how to encourage more-regular attendance, given the scheduling conflicts faced by many families in today's society. We will seek new ways to involve the children as much as possible in the regular faith life of our parish, as well as continuing with established activities like muffin and cookie baking for Marlborough and other groups, sharing the story of Jesus through participation in the Christmas pageant, and the Gingerbread House Raffle for Maryvale. We also envisioned some brand-new projects, some of which will have inter-generational components so that the kids will not have all the fun! Stay tuned...

Having a large group of teachers has been great since taking turns teaching means we all get ample opportunity to nourish our own faith in the church service. Having a coordinator whose main job it is to keep things running smoothly rather than actually teaching makes the job of teaching way easier – thanks Jen! I'm so happy to be part of such an energetic, co-operative group – perhaps you would enjoy it, too!?

If you would like more information, or even to join our merry band,
please contact either Jennifer McAlpine or Rev. Andreas.

Outreach News



The total collected from our Advent Soup lunches was **\$754.00**, which will go to support the Ministry of The Council of the North.

**THANK YOU
ALL!**



Ms. Louise Davis (left) proudly displays a framed thank-you note to our Sunday School in recognition of their fundraising efforts to benefit Ghana.

This special gift was handmade by Mrs. Bibiana B. Lawra (right, presenting gift to Mary Lou Drake); Mrs. Lawra is on the orphanage Board in Jirapa, Ghana, and she looks after their finances. Her brother, Dr. Godfrey Bacheyie, is a pediatrician in Windsor, Ontario who originally came from the Jirapa area.



Our Sunday School's gingerbread house fundraiser was another big (and delicious) success! Maryvale's Children Centre will benefit from the grand total of **\$151.00**.

**Thank you all for
your generous support!**



Photography by Gordon Drake



**Please remember Hiatus House, The Downtown Mission and the South
West Detention Centre this season**

Thank you for your continuing support!

In loving memory of Shirley Cantle (Oct. 6 1942 - Dec. 9 2015)

Just a little more than two years ago, in her characteristic straightforward way, Shirley asked me to join the St. Matthew's newsletter ministry. Without knowing me that well, she generously invited me as her co-editor, and so we started our journey together. Tentative at first, we became more acquainted with each other and started to look forward to our editorial meetings, full of ideas and all sorts of topics, some practical, others deeper, and always with updates on our families and ourselves.

Along the way, we realized that we had something special going on; Shirley coined the phrase "we gel like peaches and cream" because we worked well together, and I like to think also because the result of our collaboration was greater than the sum of the parts (by the way, in my opinion, Shirley ought to be the cream, the richer and more exciting ingredient). I will always remember Shirley with a smile for her honesty, sense of humour and generosity; and forever thank her for bringing to our team her total commitment and relentless creativity, encouraging me to try things -everything- new and old, and teaching by example how to embrace her "yes, we can" philosophy.

Some people are lucky enough to work with friends; I feel not only lucky but blessed because through work in *The Journey*, I found my dear friend Shirley.

Irene Savva

One of the editors' tasks at *The Journey* is struggling to fit a plethora of information, articles and photos in no more than the pages available for each edition. "What a nice 'problem' to have", Shirley and I used to say! This brought us very often to the decision to shelf our own materials.

A precious piece that I just could not seem to be able to give up was Shirley's wedding photograph, which was to be published in 2014 in occasion of her and husband David's 50th Anniversary.

So here it is, I finally get to include this memorable image, and I must say that, in spite of hair colour or the pass of time, Shirley looks the same as I remember her, sporting that beautiful trademark smile of hers.



Shirley and David Cantle, Married June 6, 1964.

Many thanks to David and all the Cantle and Moscatello family for the special wedding photograph; to Bev Timpson, Shirley's fellow member at Prayer group, for sharing her poem; and to Gordon Drake for Shirley's photo on the front page.

Unfinished

in Tribute to Shirley Cantle

"It's time to get things done today
I've got so much to do and say
Newsletter calls, Irene awaits
I'll think of stories as I meditate.
Time for church, what is today?
Lectionary and time to pray?
A pause for thought then off I go
Cookies to bake and stuff to sew
More chores to do, a visit with Kate
A cup of tea, phone calls to make.
Church time now for Samantha and me
A joyful place for us to be
Sunday school, readings and more
Worshiping, laughing, then out the door.
Samantha and I go home to bake
Our special time when we create
Sweets for the family, oh such fun!
Loving them all while on the run."

**Dreaming, planning day and night
Prayer group will miss this "Spark of Light".
Death took you and activities cease
But love lives on as you rest in peace.**

Blessings, Bev Timpson

On behalf of David, Joanna & Don, Simon, Joseph, Michael and Samantha, we would like to thank the St. Matthew's community for the overwhelming outpouring of love and support after the passing of our mum, wife, grandma and nanny, Shirley. Mum loved St. Matthew's and her church family and we know why. The generosity, compassion, and love we felt in the days leading up to and especially at the church on the day of her funeral was more than we could have ever wished for or imagined. St. Matthew's exemplifies the true meaning of love and community. The luncheon after the funeral was perfect. Thank you so much to all of the people who brought meals to the house, baked, cooked and organized the beautiful meal and dessert table. We know that Mum would have absolutely loved the tea cups and saucers on the tables. There are no words that can express our gratitude for all you have done for us and Mum.

Sincerely, The Cantle and Moscatello Family.

Celebrating this season:

Birthdays

February

1 – Ann Hucal
1 – Kim MacKendrick
6 – Isabella Chantler
6 – Jennifer Goldspink
8 – Darren Bernard
12 – Mark Bernard
13 – Alan Dalley
14 – Anya Laurence-Thiel
18 – Nadia Taqtaq
22 – Elissa Weir
25 – Edwin Levergood
26 – Neil Cowley
27 – Stephania Allsop
28 – Dorothy Knappett

March

1 – Richard Hucal
6 – Amy Hucal
6 – Don Patterson
7 – Bob Braidford
8 – Eddie McCabe
10 – Vickie Paraschak
12 – Steve Pidhoresky
15 – Alisa Priddle Yednoroz
16 – Mark Rene
18 – Stephanie Paraschak
20 – Jen McAlpine
21 – Mary Louise Drake
21 – Mike Paraschak Jr.
22 – Gwen Allsop
23 – Margaret Snelling
30 – Margaret Goldspink
30 – Thomas Hucal

April

4 – Jane Patterson
6 – David Paraschak
6 – Sandra Hall
7 – Colin Allsop
7 – Noah Allsop
7 – Jacob Ritchie
9 – Andreas Thiel
9 – Erin Henderson
9 – Nicole Sussens
10 – Michael Chantler
16 – Ted Clarke
17 – Mark Goldspink
18 – Emma Westray
18 – Frank Stanley
21 – Tom Dunsmore
21 – Scott Ritchie
25 – Colin Patterson
27 – Ryan Patterson
27 – Helen White
30 – Chuck Boyd

February

15 – John & Dianna Iannicello

Anniversaries

March

4 – Doug Warford & Janet Williams
11 – Ron & Gail Henderson

April

18 – Mike & Irene Paraschak
23 – Roger Wurdemann & Louise Davis
25 – Don & Pauline Patterson



UPCOMING EVENTS TO REMEMBER

Tuesday February 9, 2016.– Shrove Tuesday Pancake Supper From 4:00 pm until 7:00 p.m. in the church hall

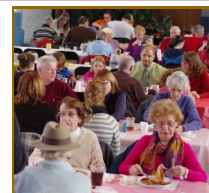
Bring your family and invite friends to a delicious meal at St. Matthew's!

We will be serving the BEST pancake supper in town: all-you-can-eat pancakes, sausages, bacon, desserts and drinks. **Adults \$10.00; Children: 5-12 \$5.00, under 5 FREE.**

Saturday February 20, 2016.– Our Family Potluck and Games Night. Pot luck starts at 5pm, with games to follow. Bring your favourite games for a night of fun. See you there! If you have any questions, please ask Jen McAlpine (519– 948-1457).

Sunday February 21, 2016. – Scouting Sunday at St. Matthew's. Our friends of the 89th troop will be joining us during the 10:00 am service.

Saturday March 19, 2016.– Potluck (5:00pm) and Mad Science Demonstration (starts at 6:30pm). Great food and interactive fun! Let your friends know and bring them along, there's always lots of room! More information: Jen McAlpine (519– 948-1457).



T.N.T.

Reserve the first Friday of the month for our TNT ("Theology 'n Tap") meetings, starting at 6:00 pm, at Cramdon's Restaurant. Some come with their children, some with a partner and some by themselves. Come for dinner or just drinks or just good conversation and friendship!!

Our next T.N.T. night will be March 4, 2016

Richard Hucal

News from the Pews:

We hope to hear
from you soon!

The whole congregation is invited to contribute to this section with their feedback, announcements and suggestions.

How many of you have tried the recipe for “Pauline’s Cheesy Potatoes” published in our Anniversary edition and wanted to know how come they tasted nothing like Pauline’s potatoes at our potlucks? Wonder no more, for it was an honest mix-up of recipes! We apologize for the mistake and thank Pauline Patterson for sharing her potato recipe (for real) as follows:

Hash Brown Casserole

Ingredients: 2 lbs frozen hash browns, ½ cup melted margarine or butter, 1 can (10 oz) cream of chicken soup, 1 pint sour cream (500ml), ½ cup chopped onion, 1 tsp. salt, ¼ tsp. pepper and 2 cups shredded cheddar cheese.

Directions: Preheat oven to 350°F and spray a 9 “x 13” pan with cooking spray. Mix above ingredients together, place in prepared pan and bake for 45 minutes or until brown on top. Enjoy!

One question remains: whose recipe was it then?

Another lively New Year’s Day Open House at the rectory, to welcome 2016!



6th Annual Talent Show

Saturday, January 16, 2016

The next day, at the beginning of our 10 am service, Rev’d Andreas thanked all the participants for their hard work, mentioning that some of them “...have brought this event to a new level.”

Don’t miss the full story in our Easter issue!



St. Matthew’s GARAGE SALE 2016

Planning meeting on
February 21, after the
10:00 am service.

**EVERYBODY IS
WELCOME!**

Front page banner, page 2 light fixture, page 12 (2015) and this page photography by Gordon Drake

Please send your articles, feedback and other contributions to irene.savva3691@gmail.com or deposit in the box provided in the narthex. Are you celebrating a milestone anniversary soon? **Submit your wedding picture for publication!** Also let us know of any updates needed in the birthday and anniversary announcements; **we apologize for any mistakes or omissions.**

Jesus' Agony in Gethsemane



**Garden of Gethsemane
(Christ on the Mount of Olives)**

Stained glass windows in the Mausoleum of the Roman Catholic Cathedral of Our Lady of the Angels, Los Angeles, California.
(Public domain image from Wiki Commons)

“And he came out, and went, as was his custom, to the Mount of Olives; and the disciples followed him. And when he came to the place he said to them, “Pray that you may not enter into temptation.” And he withdrew from them about a stone’s throw, and knelt down and prayed, “Father, if thou art willing, remove this cup from me; nevertheless not my will, but thine, be done.” And there appeared to him an angel from heaven, strengthening him. And being in an agony, he prayed more earnestly; and his sweat became like great drops of blood falling upon the ground. And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, and he said to them, “Why do you sleep? Rise and pray that you may not enter into temptation.””

Luke 22:39-46

In our Advent/Christmas issue, angels were acknowledged as God’s messengers and guardians; as in this passage, another role mentioned in Scripture is as God’s attendants

Auto-deduction giving – Many of our parishioners have signed up for the auto-deduction giving program. Please consider this option, which helps us to meet our monthly financial obligations. If anyone wishes to learn more about switching from envelope donations to automatic deductions by either credit card or directly from your bank account, please call Beth Felet (519-969-3035). It is important to remember that any arrangements can be changed or cancelled, should circumstances require this.

Everybody is Welcome!

Sunday Services:

8:30 am & 10:00 am (September thru June; summer services, TBA)
Sunday school at the 10:00 am service.

Scripture Conversations:

“Looking ahead to Sunday's readings”

Every Wednesday 10:00 am

Services at Huron Lodge:

Holy Eucharist:

1st Tuesday of the month 11:00 am

Praise & Prayer:

3rd Sunday of the month 2:15 pm

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Rector:

The Reverend Andreas Thiel
cellphone(226)345-5085

Deacon:

The Reverend Cathy MacKendrick

We are on the Web!

<http://www.saintmatthewswindsor.ca>

And check out “The Journey” in full colour (PDF file ready for download)