



NEWSLETTER OF  
ST. MATTHEW'S  
ANGLICAN CHURCH  
1600 NORFOLK ST.  
WINDSOR, ONTARIO  
N9E 1H5

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# The Journey

## At St. Matthew's

VOLUME IV ISSUE 2

EASTER 2016

"We are called to share God's love as we welcome  
and care for our community"



## A Message from Our Rector

With the celebration of Holy Week and Easter, the Christian community plunges into the heart of the gospel. We encounter what lies at the core of our faith: the life, death, resurrection and ascension of Jesus. In our Easter festivities, we may not always fully appreciate how terrifying it must have been for the followers of Jesus at that first Easter. The horror of Jesus' crucifixion was followed shortly afterward by the fear of not knowing what lay ahead. Would they – the disciples – be next? Would the Roman officials come searching for them in the dead of night? What did the way forward look like? What did God have in store for them? Those who had been loyal to Jesus were now faced with a debilitating fear. There was no script for what lay ahead. Fortunately for us, we are left with documentation of how the rest of the Easter story unfolds; scripture describes how the risen Christ appeared to the fearful disciples, and we learn how their lives were transformed through God's powerful Spirit. These followers of Jesus took their first tentative steps into the unknown, and day by day they discovered that God was at work in their midst, shaping them and directing them in ways that they could not have dreamed of. In some ways, we are very much like those first terrified disciples. Like them, we know what it feels like to step into the unknown. We, too, know fear and uncertainty, especially when our lives are impacted by unexpected illness or tragedy. For so many of life's experiences, there really is no script for what lies ahead. But that's not entirely true! There is a script. There is a plan. There is a vision for the future. And every so often, those who are attentive in turning to God are granted glimpses of this future. It is God's "resurrection future", which consists of new LIFE, new JOY and new LOVE. These are the very gifts that burst forth from that dark and empty tomb on the first Easter morning. These are the gifts which Christ poured out for the world, and they are even now poured out for us. God's Easter people are blessed with the precious gifts of life, joy and love. **May these resurrection blessings empower us all to step into the future – whatever it may bring – as people of hope. A blessed Easter to you all!**

*Andreas+*

"Then Jesus said to them, "Do not be afraid..." Matthew 28:10



**Our empty church  
- like the empty tomb -  
holds the promise of new  
life to St. Matthew's**  
**More on pages 3, 7 and 14...**

## Election of our Coadjutor Bishop — St. Paul's Cathedral, London, ON. Feb. 13, 2016

The Right Rev'd Linda Nicholls was elected coadjutor bishop by the Synod of our Diocese of Huron. The 216 lay delegates and 124 clergy in attendance voted over three rounds of ballots, among eight candidates, electing Bishop Nicholls as the first woman bishop in Huron. "I am delighted that the people of Huron gathered in Synod have called the Rt. Rev'd Linda Nicholls to the office of coadjutor bishop for the Diocese of Huron. She is a gifted and faithful leader who will help chart our future to that place where God-in-Christ wills us to be. I very much look forward to working with her" said Bishop of Huron, the Right Rev'd Robert Bennett upon announcing the results. As coadjutor bishop, the Rt. Rev'd Linda Nicholls will become the 13th Bishop of Huron when Bishop Bennett retires.



The Rt. Rev'd Linda Nicholls is Doctor of Ministry and honorary Doctor of Divinity (Wycliffe College, University of Toronto, 2002 and 2008 respectively.) She was ordained a deacon in 1985, a priest in 1986 and on February 2, 2008, she was consecrated bishop suffragan for the Diocese of Toronto.



**Our St. Matthew's Delegation:** **Wally Atkinson** stepped forward as lay delegate to Synod just two weeks prior to the election. On that cold morning, he was ready to go at 6:30 am. The weather was particularly inclement as they approached the London area, causing them to arrive a few minutes late; Wally worried about not finding a pew, but of course there was room...right at the front! (see photo, right). Wally thought it was great to be up close and able to fully appreciate the hymns, the service and the event. **Matt Bulley**, also lay delegate, thought the process was smooth and well organized; he perceived Bishop Nicholls as confident and considered her a good speaker. Matt said it was nice to see Bishop Bob again. Our Deacon, the **Rev'd Cathy MacKendrick**, expressed that although the result was somewhat unexpected for some (a female Bishop and a candidate coming from a different Diocese), it is a sign of our Diocese's willingness to welcome change and move forward; Rev'd Cathy is looking forward to an opportunity for the congregation to meet Bishop Nicholls, adding that "she is delightful." St. Matthew's own **Gordon Drake**, who attended as principal of Canterbury College, also mentioned that these "firsts" for our Diocese are very encouraging and exciting. In the words of our rector, the **Rev'd Andreas Thiel**: "We have grown accustomed to hearing from our leadership that "things are changing for the church." Well, this election is a wonderful example of things changing in our diocese. Bishop Linda's expertise and wisdom will be a great benefit to our Huron family as we discern how to adapt to changing times."



**A Service of Celebration  
to welcome  
The Rt. Rev'd Linda Nicholls  
as our coadjutor bishop  
will take place on  
Saturday, April 16, 2016  
starting at 1:00 pm.  
at St. Paul's Cathedral  
London, Ontario**

**All are invited to attend**


Facts & photos from: <http://news.diohuron.org/2016/02/the-right-reverend-linda-nicholls>

**Have you joined our e-mail communication list?** It is the fastest and most environmentally friendly way to receive communications from our clergy. Enroll at [saintmatthewswindsor@gmail.com](mailto:saintmatthewswindsor@gmail.com)

**Do you receive "The Journey" by e-mail?** You could get your newsletter in PDF in full colour by joining the e-mail distribution list. Request your subscription at [irene.savva3691@gmail.com](mailto:irene.savva3691@gmail.com)

**Also, check out these websites and stay connected at all levels of Anglicanism:**

St. Matthew's Church  
Deanery of Essex  
Diocese of Huron  
Anglican Church of Canada  
Primate's World Relief

[saintmatthewswindsor.ca](http://saintmatthewswindsor.ca)   
[essexdeanery.com](http://essexdeanery.com)  
[diohuron.org](http://diohuron.org)  
[Anglican.ca](http://Anglican.ca)

and Development Fund (PWRDF) [pwrdf.org](http://pwrdf.org) and [Fredsays.ca](http://Fredsays.ca)

**ALSO:** [www.anglicansonline.org](http://www.anglicansonline.org)

An interesting website featuring links to various other Anglican sites around the world.

# Easter Morning



“Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the sepulchre. And behold there was a great earthquake; for an angel of the Lord descended from heaven and came and rolled back the stone, and sat upon it. His appearance was like lightning, and his raiment white as snow. And for fear of him the guards trembled and became like dead men.”

*Matthew 28:1-4*

## “The Resurrection of Jesus”

Wood engraving by Julius Schnorr von Carolsfeld  
 (“Die Bibel in Bildern”, 1860) Public Domain Image.



“...but when they [the women] went in they did not find the body. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them: **“Why do you seek the living among the dead? Remember how he told you, while he was still in Galilee, that the Son of man must be delivered into the hands of sinful men, and be crucified, and on the third day rise.”**”

*Luke 24:3-7*



“Guardian Angels at the Tomb of Christ” Exterior of wings of “The Resurrection of Christ” triptych oil on panels  
 by Peter Paul Rubens (Cathedral of Our Lady, Antwerp, Belgium, 1612) Public Domain Images.

“But Mary stood weeping outside the tomb, and as she wept she stooped to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had lain, one at the head and one at the feet. They said to her, “Woman, why are you weeping?” She said to them, “Because they have taken away my Lord, and I do not know where they have laid him.” Saying this, she turned round and saw Jesus standing, ...”

*John 20:11-14*

## “Jesus appears to Mary Magdalene”

Wood engraving by Julius Schnorr von Carolsfeld  
 (“Die Bibel in Bildern”, 1860) Public Domain Image.



# Christ is Risen, Alleluia!

In previous issues, we have reviewed angels as personal guardians, messengers and God’s attendants but -as presented here- perhaps their most important role is as divine agents and executors of God’s will.



## The Cross in Christianity Part II

By Irene Savva

**Easter is a season to rejoice, when we proclaim that our Lord is risen.**

Although the cross is a symbol of that joyful resurrection, Christians recognize that it also represents the pain and death that Jesus had to suffer for us.

In the fifth century, the Latin cross (fig. 2) and the Greek cross (fig. 3) were introduced, with no *corpus* (body of Christ) on them; their simplicity served to focus on the risen Christ. Some were worn around the neck and close to the heart out of devotion. Subsequent centuries witnessed a bold approach to this emphasis on the joy of the Resurrection, with “empty” crosses highly adorned and jeweled, as well as being widely used in monuments, buildings and notably in churches, with cruciform designs such as the Latin (fig. 4), Greek or “Cross-in-square” plans. Representations of the passion were not created probably until the sixth century, mostly in documents and private projects. By the beginning of the eighth century, some public buildings and art had representations of the crucifixion, and after that, the first crucifixes (crosses with the *corpus*) were made, but Christ is portrayed as calm, alive and dressed in a robe.

At the beginning of the High Middle Ages in the eleventh century, more educated and spiritual kings and the wider spread of Christianity brought a deeper and more somber view of the cross. It became prominent in military affairs once again, even naming the Crusades (*cruciata*, marked with a cross). Crucifixes now carried the *corpus* with the head resting on the breast and wearing a crown of thorns; realistic representations with blood and facial expressions of suffering were also favoured, as times were dark and Christians themselves focused on repentance and penitence. It was around this time that churches added a crucifix on their altars, which became the norm by the end of the Middle Ages around the fifteenth century. (In our next issue, Part III: The Reformation)



fig. 1



fig. 2

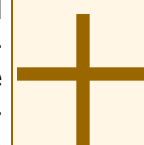


fig. 3

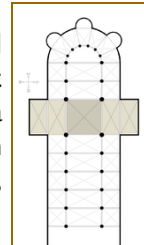


fig. 4

**References:** [www.newadvent.org/cathen/04517a.htm](http://www.newadvent.org/cathen/04517a.htm); [wikipedia.org/Middle\\_Ages](http://wikipedia.org/Middle_Ages); Fig. 1 *Labarum* on battle shield of Constantine from: [http://dailyprayer.us/daily\\_devotion.php?day=1720](http://dailyprayer.us/daily_devotion.php?day=1720); Fig. 4 Latin Cross Church Plan from Wiki commons.

**“For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.”**  
**1 Corinthians 1:18**

### Needlework Kneelers of St. Matthew's in this issue:

“This kneeler depicts the Easter story. I selected the **Jerusalem cross** simply because I liked it! The butterfly symbolizes the Resurrection –when a caterpillar forms its cocoon, it seems dead, but the butterfly emerges with new life. Thus the cross of death and the butterfly of resurrection represent the miracle of Easter. I chose the story of Easter for my kneeler because my husband Gary and I truly lived through our own Easter miracle. Our second daughter Janis was born a healthy, beautiful 8lb.2oz. baby on Maundy Thursday, April 19, 1962. Suddenly the night of Good Friday, she turned a frightening blue colour and was put into oxygen. After around-the-clock medical attention and testing, we were told the evening of Easter Saturday that Janis had Hyaline Membrane Disease and her chances of survival were 50/50. What panic overtook us! The only things that could be done for Janis were an oxygen tent... and prayers. Somehow we got through the endless hours, until the evening of Easter Sunday, when our baby shed the blue colour and became pink and alert—Janis truly was our Easter miracle.” Created and given by Elaine and Gary Douglas as a thank-offering for their three children: Lynn, Janis and Don.



**“BUTTERFLY”**  
(Also on front page)

Photograph from St. Matthew's archives



## Crosses at St. Matthew's PART II

# Wood Work

By Sue Bernard

The Cross as a symbol of Christ's sacrifice for us is simple but powerful. Here at St. Matthew's there are numerous wooden crosses depicted throughout the church proper and in other rooms that make up our church. The origin of some crosses at St. Matthew's is known and others remain a mystery.

A number of the wooden crosses used in our worship space were assembled by my father, Frank Palin. My father was a craftsman at heart. A graduate of the former Ford Trade School here in Windsor, he exemplified the engineering principles: for him a project should have merit and sustainability. Any project my dad undertook was a long and thoughtful one; for my dad the steps taken to draft the plans, assemble, sand and stain the wood were, I am sure, a labour of love. While making these various crosses I am certain that my father felt he was aiding in the faith journey of the people of St. Matthew's. He used his skills and talents to

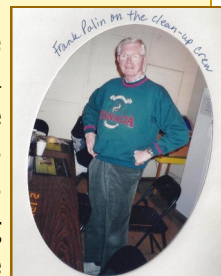
show his belief in the cross as a simple but profound depiction of Jesus' love for humanity. The simplicity of the cross he made for Good Friday's procession reminds me of the steadfast love and support my dad had for his church and Jesus' love for us. During the Good Friday service, we kneel, kiss or use other gestures to show our reverence for this symbol of Christ's sacrifice.

I invite you to take a look around our church building and notice just how many times the symbol of Christ's victory over death is depicted. The crosses here at St. Matthew's, crafted by my dad's hands and others', serve to help direct our eyes and minds as we worship each Sunday.

**How blessed we are to have such beautiful and relevant examples of Jesus' love for us in God's house, our St. Matthew's.**

Paul Allsop purchases pocket size crosses made in Lebanon from olive wood. Several parishioners and visitors have received them from Paul as gifts (e.g., p. 10.)

Photographs from Gordon Drake, Irene Savva and St. Matthew's archives



### Sunday March 20 2016

Our Palm Sunday liturgy featured large palm fronds, as well as palm crosses. These crosses - available for us all to take home as objects of devotion - were crafted by our hard-working Chancel Guild and friends.



**Thank you, Chancel Guild, for creating these beautiful crosses for us, and for giving so generously of your time!**

*Andreast*

Photography by Gordon Drake

## Ask the Rector

A regular column in which you get to ask whatever is on your mind. (All submissions will be considered anonymous.)

**Q: I've always wondered why the date of Easter changes from year to year. Is it true that there is a movement to agree on a permanent, fixed date for Easter?**

**A:** Yes, it's true! (But it's also somewhat complicated.) The Archbishop of Canterbury (Justin Welby) recently announced that he is working alongside other Christian leaders, to come up with a fixed date for Easter. This is hardly a new proposal; the World Council of Churches suggested it in 1997, with the idea that it could be implemented by 2001, but that obviously didn't happen. In 1928, lawmakers in the UK passed the *Easter Act*, allowing the date of Easter to be fixed as the first Sunday after the second Saturday in April. However, that law was never implemented. It was at the Council of Nicaea in the year 325 that the date for Easter was established as being the first Sunday after the first full moon on, or after the vernal equinox. What made matters confusing was that eastern Christians followed the Julian calendar, which resulted in a different date for the vernal equinox. Archbishop Welby, along with leaders of all the branches of the Christian church, hope to cut through all this confusion, and rumour has it that the whole matter could be settled in 5-10 years. Stay tuned. (P.S. many scholars agree that Jesus was crucified on Friday, April 7, in the year 30. There are, however, other opinions!)

Stay tuned for other fascinating questions and answers!

*Andreast*

### Parish Council Report: Easter 2016

**Well, apparently we've given up our church for Lent.** It has been great how everyone has pitched in as we have adapted to services and hospitality in the hall. We are all looking forward to returning to the church and the progress and changes are amazing. We expect renovations to be completed by the end of March, but likely not before Easter. We are making plans to celebrate our "renewed" worship space with a visit from one of our Bishops, and a special celebration where we can invite all our friends and neighbors. We will keep you posted. **Financially**, our expenses for the first few months of 2016 have been greater than givings. Having more people using authorized payment plans would make monthly givings more consistent and make our finances more stable. But on behalf of the parish council, we want to assure everyone that our church is in good financial condition, and looking to a bright future.



### Installation of Parish Council - February 7 2016

"May the work of these your servants so build up your church, that we may faithfully serve you and show your love in all the world. Blessed are you, O God, now and forever. **Amen.**"



**Left to right:** Deputy Churchwarden Richard Hucal; Synod Delegate Matt Bulley; John Rossi; Churchwardens Paul Finlayson and Bob Braidford; Onorio Felet; Synod Delegate Wally Atkinson; Alisa Yednoroz; and Treasurer Jane Patterson. **Not pictured:** The Rev'd Cathy MacKendrick, Dorothy Knappett and Tim Schoof.

Photography  
by Gordon Drake

Everybody is welcome to attend our meetings, usually on the **third Wednesday** of the month, starting at 7:30 PM, in the choir room. **Next Meeting: April 20**

**T.N.T.** Reserve the first Friday of the month for our TNT ("Theology 'n Tap") meetings, starting at 6:00 pm, at Cramdon's Restaurant. Some come with their children, some with a partner and some by themselves. Come for dinner or just drinks or just good conversation and friendship!!

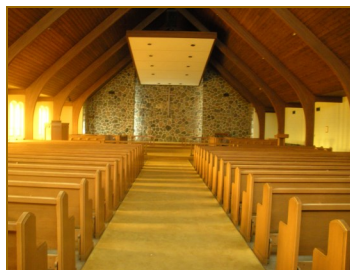
**Our next T.N.T. night will be Friday April 1, 2016**

**Richard Hucal**

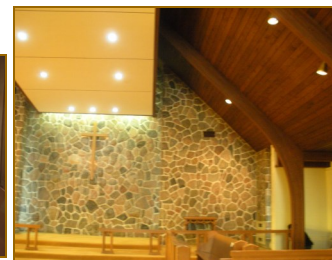
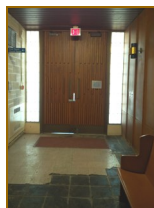


## The Challenge:

- ⇒ Worn out flooring
- ⇒ Outdated carpet
- ⇒ Old wiring
- ⇒ Heavy doors
- ⇒ Inefficient and un-attractive lighting



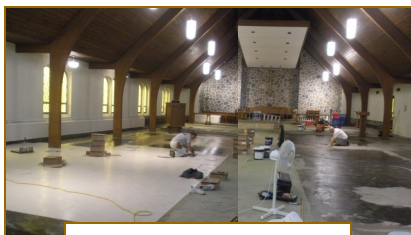
Week 1: Feb. 21-27



## The Project:

- ⇒ New flooring ✓
- ⇒ New carpet
- ⇒ Re-wiring ✓
- ⇒ Handicapped-accessible doors
- ⇒ LED pendants ✓

Week 2: Feb. 28-March 5 See front page photo



Week 4: March 13-19

Week 3: March 6-12



Week 5: March 20- 26

When these lines are published, the remaining tasks will be close to completion, and most furnishings put back in place.

**New life to our worship space this Easter season!**

## Meanwhile in the parish hall...

Our services are being held - not unlike back in 1957, when the hall was built, and until 1967, when the church building was consecrated. What a timely project for the Lenten season this is! We have been given an opportunity to reflect on our origins and some of the changes that we have been through:



"Our Sunday school has provided us with a wonderful Altar cross to bow to; I like it, it's different" Margaret Kissau

"The Sacristy area is just outside that room right now!" Irene Savva

"The front row is still empty, but the participation is great ..." Andreasi

"It's a special time in the hall, to connect us to our roots; these services are bringing us closer together." Jen McAlpine

Altar Cross - we have kept the style of a simple wood cross since the beginning.

"This corner room used to be the Sacristy" Helen Cahill

"There was a narrow hallway around here, leading to the wash-rooms" Bob Braidford

"When Bob Rae was premier (early 1990s) we got a grant from the NDP to create handicap accessibility, so this hallway was closed, allowing bigger stalls and wider doors. Architect Ray Masters, who drew the design, was part of our Board of Management" Margaret Jemison

"We are more connected to each other in this smaller space" Mike Ricketts

The original altar was on the stage, with the choir at either side - the provisional altar and choir setting is along this wall.

"News from the pews" - they are safely tucked-in at the back of the hall.

"Which one is mine?" Communal thought

Photos from: Jane Bayne, Gordon Drake, Paul Finlayson, John Rossi and Irene Savva. B&W "Meeting at the hall" from our archives.



# Outreach News

**Lenten Soup Luncheons - After six Sundays of soup cooking, serving (and eating!), the total collected towards the Primate's World Relief and Development Fund was \$1,798.85. WOW, THANK YOU ALL!**



Photo by Gordon Drake



## Marlborough Public School

3557 Melbourne Street, Windsor, ON N9C 1Y6  
Phone (519) 254-2881 Fax (519) 254-2219

[www.mariner-update.ca](http://www.mariner-update.ca)



Dear Rev. Cathy MacKendrick

Tuesday, January 12, 2016

Please accept this letter as a sincere expression of thanks for your continued support of our breakfast program. Throughout St. Matthew's 10 year history of supporting Marlborough, you have certainly witnessed many changes to the program design and delivery model. What remains the same, however, is the constant level of need that students present each day. Whether it is providing a warm breakfast and a friendly smile every Monday morning, or a warm change of clothes during the coldest months, the St. Matthew's team continues to support our students and our vision for their health and well-being.

As you know, we remain convinced that an investment in the health and nutrition of our students will pay dividends forever. Hungry children are not effective learners. With the continued support of St. Matthews and other community partners, we are thrilled be making a difference for years to come.

Thank you so much for all that you do!

Sincerely,

Mr. R. Brown, Principal

**Please remember your donations to Hiatus House:** Toiletries, non-perishable food, books (including colouring), diapers, clothing, etc. Please note that all items must be new since they do not have the facilities to handle or store used items.

Thank you for your generosity and continuing support!

Don and Pauline Patterson

**Please remember  
The Downtown Mission and the  
Southwest Detention Centre  
Thank you for  
your continuing support!**

## Rev'd Cathy's Corner

**Marlborough Breakfast programme** is alive and well serving 50 to 60 hungry kids every week. The muffins are always a great delight. We are feeling Shirley Cante's loss greatly. Joe, the custodian, has cooked a couple of times since February – Vicki P. is a great persuader.

Great news about **the Southwest Detention Centre**. The direct supervision model is proving to be very successful here in Windsor. Jean Muhleisen and I delivered eight backpacks and other items to Mark, the Volunteer Co-ordinator, last week. **Needed: colouring books (Minions are popular and I found some at Michael's for \$1), coloured pencils, dice, magazines, puzzle books, and most especially playing cards.** Now that the potential strike has been averted, the other programmes can begin to be established. Whatever we bring is very gratefully received. It is feeling like a partnership in ministry.

Thank-you for all you do to contribute to our various Outreach ministries. Bishop Bob always says to me that he knows we do great outreach here at St. Matthew's.

**Blessings to you all for being the hands and heart of Jesus to his children in the world.**

### — THOUGHT OF THE DAY —

Do something for someone today. Every day we live is **TODAY**.

Submitted by Myrna Atkinson



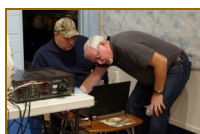
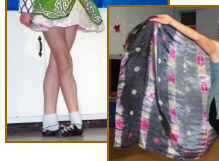
# 6th Annual Talent Show January 16, 2016

Text by Jen McAlpine

Photography by Gordon Drake

## Bring on the Talent!

We held our talent show on January 16. Every year brings new talents and new experiences. Just when you think this year's talent show will be similar to past talent shows, an act comes along that we haven't seen. Alyson P. shared with us her talented gymnastics routine. Mike Herrington played a fun game with the crowd guessing the tune he was playing on the piano; this was something new and well received by the audience. We had a rock band stop and pay us a visit this year, complete with their groupies (**see below**)! I could go on and on..... I hope you were able to attend and saw for yourself!



Of course the food was amazing and diverse as usual. I hope to see you next year as I'm positive it will be as unique and fun as this year's.

## BALLAD OF ST. MATT'S Performed by Boom-Boom & the Pour Souls

Band members: Onorio Felet (Boom-Boom), John Rossi (Slick) and Doug Warford (Fingers)

Lyrics by John (Slick) Rossi; tune of "The House of the Rising Sun"

(Traditional Folk song with many famous commercial versions, for example by The Animals in 1964)

There is a church on Norfolk Street,  
St. Matthew's Anglican,  
And it's been in existence,  
For many long years,  
Now it's turning, sixty - one.

Grant Darling was its first Pastor,  
Then came Donald Munro,  
There followed Farrell, Millman ,  
Harnadek, they all had zeal,  
And now we've got Andreas Thiel.

There's a group called parish council,  
Used to be Board of Management,  
But it got caught with its  
pants down one year,  
Hosting a Millionaires' Club event.

So mothers, tell your children,  
Better go to Sunday School,  
One day they'll use the lessons  
taught to them,  
To be wardens and learn the rules.

Many families come to worship,  
Then they give of their spare time,  
To volunteer for tons of  
outreach tasks,  
And never cuss or whine.

I'm sure there's many churches,  
That can do the things done here,  
But I bet they don't sit back  
and thank themselves,  
Like tonight, several times a year.

Oh, there is a church on Norfolk Street,  
St. Matthew's Anglican,  
And it's been the refuge of  
many a poor soul,  
Thank God, I know, I'm one.



## JUST FOR TODAY We can do anything for one day, so –

**Just for today –** Let us be unafraid of life, unafraid of death, to be happy, to believe the best, to be trustful and confident.

**Just for today –** Let us live one day only, forgetting yesterday and tomorrow, and not trying to solve the problems of life. Lincoln said people are happy as they make up their minds to be. Suppose we make up our minds to be reasonably happy today.

**Just for today –** Let us be agreeable, responsive, cheerful, charitable, speak softly, try to praise people for what they do. If we find fault, - to forgive and forget.

Submitted by Pauline Patterson (Public Domain)

# This Little Light of Mine



## Valentine's Day Cookies

On Sunday, February 7, the children of St. Matthew's had a lot of fun baking and decorating heart-shaped cookies. Valentine's Day was, of course, just around the corner and, what better way to show their love and affection than by giving cookies to those they care for?

But the giant cookies, which the children didn't even get to eat, were not going to family or friends but to total strangers: the young men and women who visit The Windsor Youth Centre. **The Windsor Youth Centre** is a community family room for anyone aged 16 – 25 who needs a safe place to visit, get help, do their homework or get back on their feet. This drop in centre is open from 5:00pm – 10:00pm six days a week and offers the youth a hot meal, someone to talk to, personal supplies, a quiet place to work and an outlet for their creativity.

We dropped the cookies off on a Friday afternoon before the centre opened, and the staff -even knowing that the cookies were coming- were totally baffled. "Who are they from? The kids made them for us? Do you have a connection with the centre?" were some of the questions that were asked of us. The note on the cookies said it all:

**"Happy Valentine's Day from the youth at St. Matthew's Church. We care. Have a great day!"**

Text by Gail Henderson,  
Sunday school teacher.  
Photo by Gordon Drake

## YOUTH AT ST. M'S

**Sunday,  
February 14**



Our Sunday School made lots of these Valentine's hearts and delivered them to parishioners around the hall.

**THANK YOU!**



Photos by: Gordon Drake and Irene Savva

**Saturday  
April 23**

**Mark your calendars!**

**5:00 pm Family and Friends Potluck  
6:30 pm Mad Science "Fire and Ice"**

Bring your family and your favourite dish or dessert and invite all your friends to this fun evening! The show runs for approx. 1hr.

Got questions? Please call Jen McAlpine (519-948-1457). **See you there!**

## Protection & Connection

By: Sabrina Weir

One day when I was in Victoria B.C., my Oma (my Grandmother) was showing my mom and me some knick-knacks. One of them was a metal cross that said "God Loves You". I thought it was really beautiful. And so Oma gave it to me.

I took it home and started bringing it abroad. I brought it to sleepovers, on family trips and to Girl Guides camp. It reminded me of Oma & Opa in Victoria. It also made me feel protected.

When Paul Allsop gave us the olive wood crosses (I love smelling that one) St. Matthew's immediately felt warmer and more "homey". When I carry the olive wood cross I once again feel that sincerity and warmth. And I think that's a big part of what church should be like and what St. Matthew's is like.

**THE END.**

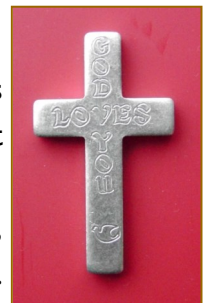


Photo from the Weir family



## The Scouting movement By Dennis Bernard

On Feb. 21, the church held our annual "Scouting Sunday" that also involved Andreas giving us a fascinating sermon on the scout promise. This gives us a wonderful chance to consider the value of the scouting movement both to our community's youth and the church community. Baden Powell, an officer in the British army and nature enthusiast, founded the scouts in the early twentieth century

### SCOUT PROMISE

*On my honour  
I promise that I will do my best  
To do my duty to God and the Queen  
To help other people at all times,  
And to carry out the spirit of the Scout Law*

### SCOUT LAW

*A Scout is helpful and trustworthy,  
Kind and cheerful,  
Considerate and clean,  
Wise in the use of all resources.*

No matter what country, province, or city a scout comes from, they are committed to helping others and doing good deeds. This mission is a clear reflection of the message of Christ, who calls all Christians to act in good faith and embrace all believers of his word as part of a spiritual and corporeal community. Stewardship is also a fundamental part of scouting. Learning to care for and respect the environment is one of the movement's primary goals

and is taught through wilderness camps and merit badges; Scouts are encouraged to "take only pictures, and leave only footprints" during their camps. There is a clear link in this to our role as "Stewards of the Earth," in Old Testament scriptures, and in a world that is increasingly driven by technology, sometimes worryingly so, it is important to remember our connection to nature and our responsibilities to it. Lastly, opening the doors of our Church to the scouts for their meetings and "Scouting Sunday" gives us an opportunity as well. By doing so we as a church community give youth the chance to learn, grow, and participate in activities they may otherwise not be able to enjoy. Often we consider our outreach in terms of alms and donations to offsite charities and initiatives, and while these are important we also need to look closer to home. Every week we open our house to the scouts for their own use, and that act of sharing is in itself a terrific form of outreach. Scouts is not just something kids do one evening of the week; it's a movement to teach young people about the importance of being a good friend, steward, and all-around person, which is exactly what Christ wants from us as well. Hopefully we can all live up to that expectation, scout or otherwise.

**Pancake Supper Feb. 9 & Scouting Sunday Feb. 21**

Photography by Gordon Drake



**Thank you to our friends of the 89th Scout Troop!**

Scout Promise and Law from <http://www.scouts.ca/ca/programs/scouts>

Please send your articles -written by or about our youth- to: Dennis Bernard, Youth Section Editor at [irene.savva3691@gmail.com](mailto:irene.savva3691@gmail.com) or deposit in the box provided (on the table at the back of the hall, during renovations).

# Celebrating this season

## Birthdays

### March

1 – Richard Hucal  
 6 – Amy Hucal  
 6 – Don Patterson  
**7 – Bob Braidford,  
 Happy 65th! (photo)**  
 8 – Eddie McCabe  
 10 – Vickie Paraschak  
 12 – Steve Pidhoresky  
 15 – Alisa Priddle Yednoroz  
 16 – Mark Rene  
 18 – Stephanie Paraschak  
 20 – Jen McAlpine  
 21 – Mary Louise Drake  
 21 – Mike Paraschak Jr.  
 22 – Gwen Allsop  
 23 – Margaret Snelling  
 30 – Margaret Goldspink  
 30 – Thomas Hucal



### April

6 – David Paraschak  
 6 – Sandra Hall  
 7 – Colin Allsop  
 7 – Noah Allsop  
 7 – Jacob Ritchie  
 9 – Andreas Thiel  
 9 – Erin Henderson  
 9 – Nicole Sussens  
 10 – Michael Chantler  
 16 – Ted Clarke  
 17 – Mark Goldspink  
 18 – Emma Westray  
**18 – Frank Stanley,  
 Happy 90th!**  
 21 – Tom Dunsmore  
 21 – Scott Ritchie  
 25 – Collin Patterson  
 27 – Ryan Patterson  
 27 – Helen White  
 30 – Chuck Boyd

### May

2 – Caitlin Henderson  
 4 – Jane Patterson  
 7 – Catherine Fettes  
 7 – Ron Darrach  
 8 – Jake Fettes  
 10 – Irene Savva  
 15 – Dianna Iannicello  
 16 – Josh Canty  
 19 – David Goldspink  
 21 – David Hitchcock  
 23 – Norma Huckle  
 28 – Jane Bayne  
 28 – Jeff Wilkinson  
 30 – Carole Lawn  
 30 – Sharon Ritchie  
 31 – Rosalind Canty

### June

4 – Margaret Jemison  
 4 – Don Prodan  
 7 – Danielle Richer  
 9 – Marie Darrach  
 14 – Daryl Hudec  
 17 – Ted Felet  
 18 – Wally Atkinson  
 26 – Ruth Clarke  
 26 – Louise Davis  
 27 – Toni Ligor  
 28 – Shawn McDonald  
 30 – Sarah Finlayson  
 30 – Kevin Patterson

### March

**9 – Doug Warford &  
 Janet Williams -  
 Happy 20th! (photo)**

11 – Ron & Gail Henderson

## Anniversaries

### April

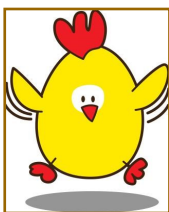
18 – Mike & Irene Paraschak  
 23 – Roger Wurdemann & Louise Davis  
 25 – Don & Pauline Patterson

### May

2 – Neil & Gwen Cowley  
 8 – Steve & Erin Pidhoresky  
 17 – Chuck & Linda Boyd  
 19 – Richard & Ann Hucal  
 22 – John Rossi & Patti Weir  
 24 – Alan & Sue Trenhaile  
 26 – Toni Ligor & Jen McAlpine  
 28 – Mark & Sue Bernard  
 29 – Greg & Catherine Fettes  
 31 – David & Linda Hitchcock

### June

2 – Don & Lillian Prodan  
 6 – Stan & Margaret Goldspink  
 8 – Robert & Mary Grace Weir  
 10 – Mark & Audrey Goldspink  
 10 – Jeff Wilkinson & Sandra Hall  
 20 – Donn & Jane Bayne  
 21 – Bob & Margaret Kissau  
 24 – Shawn & Linda McDonald  
 27 – Al & Nicole McCabe  
 30 – Brad & Stephanina Allsop



## Annual Chicken BBQ

**St. James Anglican Church - 4276 Roseland Dr. E.**  
**Wednesday May 4 2016 from 4:30 pm to 7:30 pm**  
**Everybody is welcome!**

### Tickets:

**Adults \$15.00**

**Children \$7.50**

**More information:  
 Jane Patterson**



# News from the Pews:

We hope to hear from  
you soon!

**ALLELUIA!**

**Easter Blessings to All!**



**THE JOURNEY, RENEWED!** Our newsletter has a new section "This Little Light of Mine - Youth at St. M's." Welcome to editor Dennis Bernard! Also a warm welcome to Sue Bernard, who has joined Irene Savva as general co-editor.



**Shrove Tuesday, February 9, 2016** — Almost as sweet as the maple syrup was to learn that around \$1,000 were raised from our Shrove Tuesday Pancake Supper this year!

**Thank you to everyone who participated in any way!**



## Notes from THE GAMES NIGHT Feb. 20

Our Family and Friends Potluck and games night was recently held on February 20. This was such a fun evening. Every year it's a little different depending on who comes and what kind of games they bring along. This year we had a game of euchre going on. There was a table of Dominoes. There were several other games going on as well. I love seeing the generations of families coming out and enjoying one another's company. You can have a lot of fun getting to know your fellow parishioners on a different level when you play a game or two with them! I invite you to come on out next year; it would be fun to have a few tables of euchre going on. **Jen McAlpine.**

**What a wonderful time we had at the Games Night!** If you weren't there, then you need to attend next year. After the pot luck, we really got down to business. Jen, Wally Atkinson, Richard Postovit and I played euchre for most of the evening. We laughed a lot, and were astounded by that card shark Richard! Wally wasn't too shabby either! All in all we had a great evening and we dare you to challenge us next time.

**Anya Laurence-Thiel.**



## And speaking of MAPLE SYRUP...

Mary Lou Drake's laryngitis did not stop her from asking the congregation for some Mason jar donations, with Rev'd Andreas as "SoreThroat - English" interpreter. With the jars, Mary Lou and Gordon will be able to process the delicious and healthy Canadian classic.

Stay tuned for the full story in our next issue...



John Rossi pointed out that there seems to be a lot of birthdays in March (look on page 12); the photo on the left (from our archives) shows Gwen Allsop, Jen McAlpine and Mary Louise Drake celebrating with our two greatly missed, the late Frank Palin and John Jemison. On March 20 2016, Gwen, Jen (55, you go girl!) and Mary Lou were in the hall again, looking younger than ever! We celebrated with chocolate and vanilla cakes (photo).



## Friday, April 22, 2016 is Earth Day



Coffee filters and grounds are being composted, and even the coffee container was repurposed! **More good news:** food scraps can be included thanks to Danielle Richer; she takes the container home and empties it into a *Green Cone Digester*. This device can handle cooked food, even meat and dairy. It is different from the more popular black composter, meant for plant based scraps only. More: [www.bra.org/greencone.html](http://www.bra.org/greencone.html)



Our beautiful and washable St. Matthew's mugs have allowed us to discontinue the use of disposable hot drink cups. The St. Matthew's plates will replace paper plates once the church renovations are completed.

**FUN FACT:** Styrofoam™ is a blue material invented in 1941 and patented by Dow Chemical, not used for food but for floating devices, insulation and molds for floral arrangements. The generic white stuff should be simply called polystyrene. Source:

[www.washingtonpost.com/news](http://www.washingtonpost.com/news)

Please send your contributions to Sue Bernard and Irene Savva at [irene.savva3691@gmail.com](mailto:irene.savva3691@gmail.com) or deposit in the box at the back of the hall (during renovations.) Also let us know of any updates needed on the birthday and anniversary page; **we apologize for any mistakes or omissions.**

Photos by: Gordon Drake (also Banner, front page and Bob's cake, p.12), John Rossi and Irene Savva

# The Women at the Empty Tomb

Mark 16:1-6

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll the stone for us from the door of the tomb?" And looking up they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him."



**"The Empty Tomb"**

Wood engraving by Julius Schnorr von Carolsfeld  
("Die Bibel in Bildern", 1860) Public Domain Image.

*To all the caring women in our lives,  
Happy Mother's Day! May 8, 2016*

**Auto-deduction giving** – Many of our parishioners have signed up for the auto-deduction giving program. Please consider this option, which helps us to meet our monthly financial obligations. If anyone wishes to learn more about switching from envelope donations to automatic deductions by either credit card or directly from your bank account, please call Beth Felet (519-969-3035). It is important to remember that any arrangements can be changed or cancelled, should circumstances require this.

## Everybody is Welcome!

### Sunday Services:

10:00 am only. 8:30 am service and Sunday school at 10:00 am will resume after our church renovation is completed.

### Scripture Conversations:

**"Looking ahead to Sunday's readings"**

Every Wednesday 10:00 am

No sessions during church renovation.

### Services at Huron Lodge:

**Holy Eucharist:**

1st Tuesday of the month 11:00 am

**Praise & Prayer:**

3rd Sunday of the month 2:15 pm

### St. Matthew's Church

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Windsor, ON N9E 1H5

Phone: (519)969-1510

E-mail address:

[saintmatthewswindsor@gmail.com](mailto:saintmatthewswindsor@gmail.com)

### Rector:

The Reverend Andreas Thiel  
cellphone(226)345-5085

### Deacon:

The Reverend Cathy MacKendrick

Visit our website

<http://www.saintmatthewswindsor.ca>

Check out "The Journey" in full colour  
and our Facebook 