



NEWSLETTER
OF
ST. MATTHEW'S
ANGLICAN
CHURCH

1600 NORFOLK ST.
WINDSOR, ONTARIO N9E 1H5

The Journey At St. Matthew's

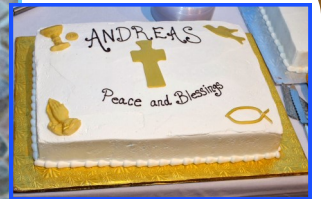
VOLUME XI ISSUE 3

FALL 2023

10TH ANNIVERSARY SPECIAL EDITION

"We are called to share God's love
as we welcome and care for our community"

The Journey was there:



2013

2015



2017



2014



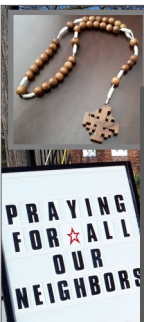
2018



2016



2019



2020



2021



2022



2023



St. Matthew's began a new stretch on its *journey* in the fall of 2013, welcoming the Rev'd Andreas Thiel, and his wife Anya Laurence-Thiel (dearly remembered), to a newly renovated rectory. Coincidentally, the reboot of our church newsletter took place at the same time, and the first issue of **The Journey** was published. Ten years later, we are commemorating these milestone anniversaries with this special edition of *The Journey*. Throughout these pages, we are including excerpts from past issues, illustrating where we were at those points in time, and how the many turns and twists on our *journey* have brought us to where we are today.

Ten Years into *The Journey*

From *The Journey* Fall, 2013

NEWS FROM THE PEWS The whole congregation is invited to contribute to this section with their feedback, announcements and suggestions.

- Congratulations to the Rossi-Weir family for their entry "**News from the Pews**" to the "Name our Newsletter" contest, which received an honorific mention and has very appropriately named this section.
- We would like to take this opportunity to thank Pauline Patterson for her great job as editor of the St. Matthew's Newsletter for 11 years; we hope we will be able to follow in her footsteps and contribute with the same dedication to recounting **the journey** of our ministries at St. Matthew's Church.

Very sincerely, Shirley Cantle and Irene Savva

From *The Journey* Fall, 2013

"The Journey"

Our Journey with God, each other and our Community.

We wish to congratulate Paul Allsop, as his entry describes perfectly where our congregation stands at this moment: we have been graced with a new priest and so our new journey together at St Matthews now begins. Paraphrasing Paul's answer, when asked how he came up with the name, he said he was thinking and telling himself that we don't know yet where our parish is going from here; "...this is like a journey..." and a newsletter title was born. Thank you Paul for your insight!

A sincere **thank you** to Rev'd Cathy MacKendrick for getting the newsletter team together, and launching the title contest, to Parish Council for their support with the contest results, and to Paul Allsop and all who sent us their wonderful ideas. Blessings to all, Shirley Cantle and Irene Savva, editors

From *The Journey* Lent, 2016

Just a little more than two years ago, in her characteristic straightforward way, Shirley asked me to join the St. Matthew's newsletter ministry. Without knowing me that well, she generously invited me as her co-editor, and so we started our journey together. Tentative at first, we became more acquainted with each other and started to look forward to our editorial meetings ... Along the way, we realized that we had something special going on ... I will always remember Shirley with a smile, for her honesty, sense of humour and generosity; I will forever thank her for bringing to our team her total commitment and relentless creativity, encouraging me to try things - everything- new and old, and teaching by example how to embrace her "yes, we can" philosophy.

Irene Savva

**To Shirley,
with love.**



In loving memory of Shirley Cantle
(Oct. 6 1942 - Dec. 9 2015)

THE JOURNEY, RENEWED!

Our newsletter has a new section "**This Little Light of Mine - Youth at St. M's.**" Welcome to editor Dennis Bernard! Also a warm welcome to Sue Bernard, who has joined Irene Savva as general co-editor.

From *The Journey* Easter, 2016

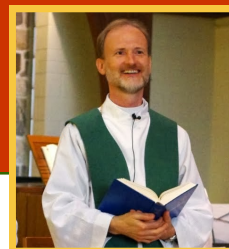
Our youth section sadly disappeared in 2020, due to the pandemic; a few issues of *The Journey* were not published for the same reason, as well as other extraordinary circumstances.

This is issue #47 of *The Journey*, and counting.

And *The Journey* continues ...

The First Message from Our Rector

Our rector, the Rev'd Andreas Thiel (photo, right), and his very first message, both from the maiden issue of *The Journey*, fall 2013:



It is difficult for me to put into words how absolutely thrilled and honoured I am to have been appointed as your priest! A journey that began for me in April of this year has finally come to fruition, and Anya and I are both so grateful for all the ways that we have been welcomed into the St. Matthew's family. Our new relationship will be formalized with a Service of Induction, to be held on **Sunday, November 3, 2013, at 4:00 pm**. I hope that you will be able to participate in this special celebration of new ministry here at St. Matthew's.

What are my initial impressions of St. Matthew's? They are of a community which demonstrates great vitality. There is much energy and enthusiasm in this parish, and I look forward to learning how that energy and enthusiasm might be focused in the coming weeks and months. What are our passions, both individually and collectively? How can we continue to live out our baptismal vows, and be faithful to a God who leads us into new places and new ways of understanding? How can we strengthen our connections within our congregation, as well as with our neighbours near and far? How might we continue to "be church" in South Windsor in a way that offers hope and inspiration to a troubled and hurting world. The answer to all these questions is, "one step at a time." I am extremely excited that together, we will be exploring each step along the way as a parish family!

I offer my congratulations to the dedicated team who have worked to produce this new version of the St. Matthew's newsletter. Many hours have gone into the planning and editing, and I'm confident that this way of communication will strengthen our existing bonds. Let's not keep the good news here, though; let's share a newsletter here and there – with family members or neighbours – and by doing so, we will continue the good work of reaching out in love to every friend and stranger.

Blessings to you all,

Andreas†

A Note of Thanks— I would like to let you know how much I have appreciated the love and support from my St. Matthew's family. There were many house visits and greeting cards and well-wishes. I received a wooden cross, a pewter angel, bouquets, lots of hugs and, most importantly, prayers. Most especially, I would like to thank Andreas for his phone calls and care and prayers. And to our deacon, Glenda, whose friendship and wisdom and experience have bolstered me throughout the past sixteen months, I am deeply indebted.

Although I am not through my cancer journey yet, all of your support has lifted me up and I feel very blessed. **Thank you for that. This is Christianity at work in our parish.**

Sincerely, Catherine Hillman

In August 2023, we received a generous donation from the family of Chuck and Linda Boyd, long-term members of our St. Matthew's community.

The accompanying letter expressed the Boyd family's **"appreciation to everyone at St. Matthew's - mom and dad loved the people and loved being members there for over 50 years."** The letter also included gratitude for the pastoral care extended to Chuck and Linda over the last several years, mentioning **"tremendous support and encouragement... love, kindness, patience, gentleness and wisdom."**

From Our Parish Council

SPECIAL VESTRY MEETING

Thursday, October 12, 2023 at 6:30 pm

Important roof update, including a motion to approve the application for a diocesan loan. Archdeacon Jane Humphreys will be in attendance.

Fall greetings, from your Church Wardens, we hope you had an enjoyable and restful summer!

The return of Autumn brings fall cleanup of leaves and all the trappings of summer, as well as new beginnings. We'd like to bring you up to date with what's been happening behind the scenes at St Matthew's.

First of all, the roof loan (from 2018) has now been paid in full, which is the good news. Unfortunately, we continue to be plagued with infiltrating water, and a recent professional inspection confirmed our suspicions that the installation was improperly completed, and that it was "void of proper and industry standard design criteria."

We are now engaged in a frustrating insurance claim, which is being disputed. Please know that the Church is working diligently - on every level - to bring this matter to a favourable conclusion: your Rector, your Wardens, your area Archdeacon, as well as staff at Church House, including those in the Bishop's Office. We are diligently working toward a new flat roof to be installed as soon as possible **(See Vestry Meeting, above.)**

This 2023 has seen a healthy increase in donated funds. Our expenses continue to run higher than expected, though, resulting in a current accumulated budget deficit of **\$17,696**.

Sadly, long time church members Chuck and Linda Boyd, passed away within the last year. The Boyd family has made a generous bequest to St. Matthew's, in their memory (see p. 3).

We were saddened to learn that our rector, Andreas, will be leaving us as of November 17. When Andreas and Anya arrived on September 13, 2013, everyone was so excited to be having a fresh start! Ten years have gone by very quickly, and now it is time for him to find new adventures; we will miss him tremendously, and wish him well on his new journey to Newfoundland. **Stay tuned for more information regarding a farewell catered dinner, on Saturday, November 18, in the Parish Hall.**

Recently, we welcomed the Oasis Women's Choir, who are renting our Church space on Tuesday evenings for their choir practice (more on p. 17).

Over the last several months we have welcomed many members of St. James' Church, who have been joining us for worship and fellowship. We are enjoying all the wonderful new relationships that are being formed, and look to the future with optimism. (see photo, p. 8)

As usual, we are available for any questions or concerns you may have. We can be reached at: Louise Davis 519-564-0205, or Jen McAlpine 519-551-7012.

We look forward to a beautiful fall season worshipping together, and welcoming and caring for our community.

Truly, Jen and Louise.

Our Parish Council holds regular meetings once a month, from September through June. Parishioners are always welcome to join as observers.

At St. Matthew's

Yard Sale June 3, 2023



Generous donations, hard work, and the enthusiastic participation of St. Matthew's, St. James', and the community, resulted in a little over \$2,000 raised.

Thank you!

Photos by Carol Caverzan and Irene Savva



Photos by Gordon Drake

Church Directory 2023—

The month of June was a busy time for our wardens and other volunteers, who were scheduling photo shoots and gathering information for our new Church Directory.

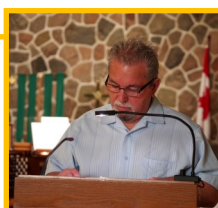
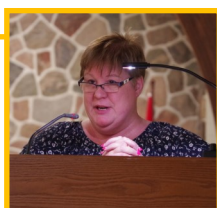


St. Matthew's Photo Directory 2014.

Photo Lent, 2015

Faith Witness

- For a second year, during our Sunday services in July, several parishioners offered testimonials of their personal journeys of faith, coming along different paths, from the love of music, and Nature as a cathedral, to family values, and relationships, from loss, and recovery, to a sense of calm and belonging. We thank them all for sharing their thoughts, and speaking from the heart. **From left:** Jen McAlpine, Beth Felet, Alisa Yednoroz, Danny Yascheshyn, and Lori Maisonville.

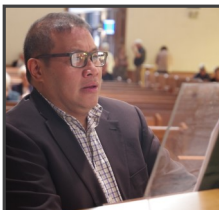


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... At St. Matthew's cont.

On Tuesday, July 25, 2023, we celebrated the Feast of St. James

with a Service of Holy Eucharist, followed by a potluck lunch in the hall.



**On Sunday,
September 17,
2023** Guest

2023 Guest Organist Alde Calongcagong led our choir beautiful pieces service.

St. Matthew's Day
***The Journey* Fall, 2014**

St. Matthew's Banner

This banner is a visual expression of our mission as church



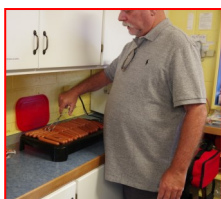
Some highlights of our celebration service were: an uplifting procession, Rev'd

**St. Matthew's Day,
Sunday, September 24, 2023**



Andreas' - always - clever and inspiring homily, and a special guest speaker, Mr. Neil McCauley, vice-principal of Marlborough School. Mr. McCauley praised the church for the continuing support to the school's breakfast programme, declaring proudly that "grilled cheese & chocolate milk for breakfast is *a thing* at Marlborough, thanks to our partners, our friends, at St. Matthew's." (more on the programme on p. 12)

The festivities continued with a hotdog lunch in the parish hall, complemented by refreshments, and a generous potluck spread of salads and desserts. Fellowship and fun moments filled the room, including the presentation of a special gift to Rev'd Andreas, to take with him to his next adventure, and as a symbol of our gratitude for ten blessed years under his leadership.



“Did you say a cape?” Our rector seems to be wondering, as warden Jen McAlpine jokingly explains the little surprise for him “wrapped in paper with snowmen because we all know where he is heading (Newfoundland & Labrador).”



“Did you say a cake?” Thought Mary Lou Drake, when asked to create the piece, already planning layers of Rev’d Andreas’ favourites: zucchini, carrot, chocolate... but once it was established it was a **cape** that was requested, she promptly designed and delivered a unique piece, double layered for extra coziness on those cold nights up North, reversible, and labelled “Super Rev” on the back. It does not matter how, where, or even if, our dear Andreas wears this cape, he will always be a Super Hero in our hearts.



Photos by Gordon Drake and Irene Savva



The St. Matthew's Family, July 9, 2023

"We are called to share God's love as we welcome and care for our community"

Photo above by Gordon Drake

Photo below from Carol Caverzan

The Intersection of Prayer and Music: Encountering these practices as Individuals and as Faith Communities.



The Rev'd Andreas Thiel, our rector and a former professional musician, led participants as they explored together how music in our liturgies and in our lives, both serves and enhances our prayers. In the photo, right, Rev'd Andreas with participants from St. Matthew's, from left: Nadine Donlon, Catherine Hillman, Jane Buttery, and Deb French.

Anglican Fellowship of Prayer, May 6, 2023, London, ON—



Jerusalem & Holy Land Sunday

May 21, 2023

Every year, for a decade now, Anglican (and Lutheran) congregations have offered prayers for the Christian witness in the Holy Land. In addition, donations are collected, to support the multi-faceted ministry in the Diocese of Jerusalem; this year's donations support the children's trauma healing programs of the Al Ahli Arab Hospital, in Gaza. **Thank you for your support!**

For more: <https://www.anglican.ca/gr/provinces/jerusalem/companions/>

Summer 2023

Hello members of St. Matthew's Anglican Church,

Thank you! I was recently informed of the generous offering you made to the Diocese of Jerusalem on Jerusalem & Holy Land Sunday, May 21, 2023.

Please know your gift will be directed to the Al Ahli Arab Hospital, Gaza, for its community outreach program with children experiencing personal and family trauma related to exposure to the repeated armed conflict between Israel and Gaza. This healing program and the broad medical ministry of the Al Ahli Arab Hospital are priorities of the Episcopal Diocese of Jerusalem.

I invite you to keep up to date on the work of Companions of the Diocese of Jerusalem by visiting:

<https://www.anglican.ca/gr/provinces/jerusalem/companions>

With gratitude,

Patricia G Kirkpatrick Chair, Advisory Council Companions of Jerusalem



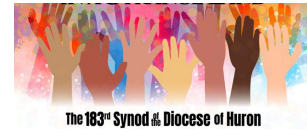
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SINGING THE LORD'S SONG IN A STRANGE LAND

The 183rd Synod of the Diocese of Huron London, ON

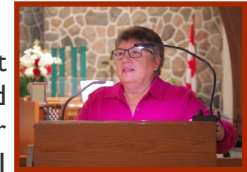
May 28-29, 2023



The 183rd Synod of the Diocese of Huron

By: Carol Caverzan – Lay Delegate to Synod

The 183rd Synod of the Diocese of Huron was held on May 28-29th, 2023. It was a HYBRID meeting, meaning there were delegates on-site in London, and delegates using the internet-based ZOOM platform, from the comfort of their respective homes. For us, here at St. Matthew's, Rev. Andreas, Rev. Glenda and I opted for 'in person' participation and Rev. Cathy zoomed along at home. Joining us in London as well, as an observer, was parishioner, Nadine Donlon. I would be remiss if I failed to note the **Deacon's Table** at Synod and the mountain of brand new socks and underclothing for the homeless that grew around that table on the first morning of Synod [see next page]. I felt so proud just *knowing* that part of that "mountain" was created by 'you', our St. Matthew's community, because of your beautiful spirit and generosity. Your response to Our Deacons, Glenda and Cathy, when they requested your support for the **Synod Deacon's Project**, literally spoke "volumes".



Synods are in fact meant to be "transformative events" that lead to a "renewal" in the life of the Church. In other words, after a Synod occurs, the Church should emerge somehow as 'changed'. At Synod 2023, we pondered the present shape and future direction of our Diocese of Huron. We discussed topics such as revising and expanding our policies and practices in terms of ensuring *Safe and Healthy Churches*; we voted on changes and updates to some canons of our Church (i.e., changes to our church law, also known as 'Canon Law'.) A number of changes were by way of amendments, for example, to allow for the use of *electronic* files as well as paper files; we also heard a financial report indicating that the Diocese is in good financial shape at the moment, but sadly, it is the closure of some churches and the selling of their properties that has contributed to our Diocese's current financial stability. Of course, the diocesan finance department is well aware (as we are, here at St. Matthew's), of the relentless rising cost of property insurance, and the diocese has put aside monies for financial assistance to those churches in need of such support.

Perhaps the most highly considered topic at Synod, however, had to do with our *mission* and *ministry*, particularly, in terms of what we mean when we say that we need to become a more diverse church. To this end, we welcomed a guest speaker of African descent, Bishop Lusa from London, England, who shared his own thoughts and experiences of *diversity* in our churches and encouraged us to do better at welcoming *diverse* peoples into our churches. He reminded us that in the church and at the table, "Jesus is the Host and 'we' are **all** guests." This seemed to really strike a chord with delegates. Now..... this topic of DIVERSITY wasn't just pulled out of the air.....so, I need to, just for a moment, take a step back at this juncture to help us recall the *journey* we have been on since our Bishop, Todd Townshend, was installed as the 14th Bishop of the Diocese of Huron in January of 2020. During the **2020** Synod that followed his installation, Bishop Todd laid out his "vision" for the Diocese of Huron for the next **four** years, which would bring us to **2024**.

The 'Strategic Goal' that he laid out was that we begin to shift our central focus from operations in terms of "merely keeping things going", and shift it to: renewal and new creation. So he asked us to review, revisit, how we have always been 'doing' church, and asked us to 'think outside the box' and embrace his vision for our future by becoming a learning church, a just church, a diverse church, a new church. He asked us to make a real commitment to focus on a new way of 'being church'. In doing so, he urged us to look to our ancient attitudes, practices, and habits, and RE-envision them for this new age in which we live.

Logos from: <https://diohuron.org/resources/synod-resources>

photos from Carol Caverzan and Gordon Drake

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Jump back now to Synod 2023 with a focus on becoming a diverse church. As Bishop Todd emphasized, we need to come closer to the diversity within the world-wide Anglican Communion as a whole, and closer to the demographic of our very own neighbourhoods. So.....What will that look like for US here at St. Matthew's ? What does becoming a diverse church mean for US? It may sound like a monumental task because embracing diversity doesn't necessarily happen automatically. For example, it goes against our very instinct to purposely seek out people who are 'not' like us. And so, we have to be intentional about it, think outside the box and find creative ways to invite and welcome folks of different cultures and race and language and gender preferences and abilities and disabilities and diverse interests. So...we need to be intentional and creative in how we go about becoming a 'diverse' church. As Bishop Todd suggested, "At one level, diversity may be nothing more than adding variety to a 'stale' pattern of language or music; at a deeper level, it is a summons to seriously question some of our assumptions about 'difference'."

Synods are meant to be "transformative events" that lead to a renewal in the life of the Church. In other words, after a Synod occurs, the Church should emerge somehow as 'changed'. So ... Where Are We Now? You know, in my past 4 years as your delegate to Synod, I have watched St. Matthew's 'renew' and 'change' from one Synod to the next. I have witnessed how we have responded and continue to respond to the nudging of God's Spirit: *In the midst of a pandemic, our numbers increased dramatically by all standards, given our "off and on church closures". The face and culture of St. Matthew's is shifting. We ARE already engaged in a time of change and renewal and it's good to be here. From conversations I have had with fellow parishioners, it seems that Covid 19 has been an invitation to a spiritual deepening and at times, a spiritual awakening We have grown and continue to grow as a 'learning' church, learning through our church book studies and reflections. Smaller church groups are emerging for spiritual based gatherings. Folks are coming to know God and not just know about God; We are learning and embracing new ways of collaborative leadership roles in our various ministries. We have grown as a 'just' church...making it an integral part of our services to acknowledge that the land on which we stand is not ours, but a sharing by our Indigenous peoples. We are doing even more (than we possibly ever thought we could) to reach out to new 'less fortunate' groups of people that are coming to our attention.

And now we begin, and in some ways, continue our growth in becoming a 'diverse' church... always remembering that 'embracing diversity' is not a program... it's a process; always remembering that we must pray to be open to the nudging of the Spirit who has led us so well, thus far.

I look forward to this next phase of the journey with each of you. I cannot thank you enough for your faith in me as your current Lay-Delegate to Synod. ~Carol

Deacons' Table at Synod— This year, our Diocese's deacons' project focused on collecting socks and underwear for the homeless. The result was a heartwarming scene at their table, over-flowing with donations from all over the Diocese. Many thanks to all who contributed, and to our Deacon Glenda, for coordinating the collection at St. Matthew's.



Photo from Carol Caverzan

Wood carving class— Local wood carver Salvadore Criscenzo was the teacher of a wood carving class at St. Matthew's, on May 16, 2023, as part of the Canterbury ElderCollege spring semester.



Photos by Gordon Drake

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Essex Deanery Golf Tournament**Monday, June 19, 2023****Proceeds help to fund the Youth Ministry in our Deanery****Text by Deb French, Organizing Committee****Photography by Carol Caverzan and Gordon Drake**

The ninth annual Deanery of Essex Charity Golf Tournament was held on Monday, June 19, 2023 at Ambassador Golf Club in Windsor, Ontario. This year a total of 62 golfers signed up to golf and 87 attended the awards dinner afterwards. St. Matthew's sponsored 2 holes for \$100.00 each. The 2nd hole was sponsored by St. Matthew's Church and the 8th hole by St. Mathew's BMW team (photo, right).



We were very well represented with three teams registering to golf. Our team members were:

Team 1 – Jeff Paterson, Deb French, Nadine Donlon and Carol Caverzan (BMW team, above).

Team 2 – John Rossi, Joe Molnar, Scott Millar, and Jess Dixon, and (photo, right).

Team 3 – Tom Dunsmore, Audrey Goldspink, Bill McAdam, and Mark Goldspink (photo, far right). Registration opened at 8:00am – shotgun start at 9:00am.



The evening portion started with cocktails and dinner served at 4:00pm, with several more people from St. Matthew's joining for the meal only, including our rector, Rev'd Andreas. Following dinner, the presentation of awards took place for longest drive (male & female), closest to the pin (male and female), putting contest and most honest team (last place!) As for the Tournament Winning Team for the second year in a row....drum roll please....our very own **St. Matthew's John Rossi, along with mates Joe Molnar, Jess Dixon and Scott Millar bringing the trophy back to St. Matthew's!!**



Congratulations to our team! There were also various raffle prizes and a 50/50 draw. A huge thank you to all the golfers and those who joined us for dinner, to make the tournament a success. **A great day of fun and fellowship was had by all!**

**Attention All Golfers!!!**

Save the date: Next year's Tournament date is June 17, 2024.



It was back in 2017, when a St. Matthew's team had claimed the trophy. Photo left, from left: John Rossi, Onorio Felet (with trophy), Jess Dixon, and Kenji Kenno.

The Journey Fall, 2017

It took five years to have it back. Photo right, from left, our 2022 St. Matthew's winning team: (Scott Millar not pictured), Joe Molnar and returning champions, Jess Dixon and John Rossi, accepting trophy from Rev'd Andreas. This 2023, this dream team managed to keep their championship.

**Fall, 2022**

What's buzzing in the religious blogosphere? Visit our Diocese of Huron, and the Anglican Church of Canada websites:

<https://diohuron.org>

<https://www.anglican.ca>

And for other very good resources, also check this website:

The Evangelical Lutheran Church in Canada <https://elcic.ca/>

Rev'd Cathy's Corner

Outreach Ministry at St. Matthew's.

Hiatus House: We continue to collect items that they have told us they need the most.

Like most charitable places, they are experiencing lack of storage for all the items that are gathered by generous folks. No longer do they collect small items like we have saved from hotel rooms. Look for a list from Sue Bernard and Louise Davis regarding their current needs. These folks make the contact and the delivery.

Feeding the Hungry: We continue to collect items for the food cupboard found in the Narthex / Foyer. We support, at the moment Windsor Homes Coalition and Street Help. We still have Downtown Mission and the Welcome Centre when it was in the west end. Sometime during the winter we will canvas the congregation regarding where we think the food should be going. Street Help needs items for their food bags which means items that do not need either cooking or refrigeration. So for delivery purposes it makes sense to support the first two agencies mentioned above since there are close together. Again Louise and Sue take care of this sorting and delivery to these locations.



Lent, 2020

Marlborough Breakfast & Nutrition Programme: We are in Grab and Go for our hot breakfast on Monday mornings. We arrive, in teams, at 7am to cook grilled cheese sandwiches which are put into foil bags to keep them hot. Then we add fruit juice boxes and cheese strings to the choices for the kids. The smiles and cries of Thanks so much! Warm the heart. Add to that we take **6 dozen muffins every Monday** which are used as needed throughout the week for kids who do not have enough to eat – either breakfast or arrive without a lunch. **So if you feel called by God** to be the hands of Jesus and are willing to become part of a team of cooks or bakers of muffins at home, **please speak to Cathy or call 519-966-5729** and she will add you to the schedule in January. Cooks go every 5 to 6 weeks and muffins a few times a school year. Another way to help is to make a donation of funds through your envelope to help with the cost of the ingredients. We also get underwear and socks for the kids who come to school with wet feet or little ones who have an accident at school.



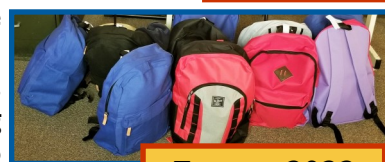
Lent, 2014

Southwest Detention Centre: Over twenty years ago, St. Matthews began to support the chaplaincy at the old Windsor Jail with the Lenten Card collection and items that the chaplain used with the inmates. For several years the Sunday School made and decorated heart shaped cookies and valentines for the inmates which Cathy delivered, with the chaplain, to the inmates at the old Jail. Then the new Centre was built and regulations changed. With the idea from one of the



Lent, 2017

Cos (Corrections Officers) and Cathy the **Backpack programme** began and is now providing items of necessity to those inmates with NFA (homeless – no fixed address). Hygiene packs, towel & washcloth, TP, socks and underwear go into the backpack. **The Sewing Programme** was interrupted by Covid but it means 3 instructors go to the Centre and assist women inmates in the use of a sewing machine and they create items for their own use. Some of these are pillow cases, eyeglass cases, discharge bags for personal items rather than only the clear plastic bag provided by the Centre. Only inmates that earn the right to go to the Monday afternoon sessions attend. We are starting again Sept 25, and the women are asking “when are the ladies coming back?” This Outreach programme is the pricey one: fabric is expensive even when we get it as cheaply as possible, and backpacks are out of sight. **Do you sew? Would you like to help with this valuable ministry?** Even one more instructor would mean only twice a month for each of us. Talk to Cathy MacKendrick, Danielle Richer, Ann Hucal, Jean Muhleisen, or Jeannie Hopkins about it.



Easter, 2022

From the Desk of Rev'd Glenda



Serving as an ordained deacon in God's church is a deeply meaningful and fulfilling vocation, and what it means to me is a unique and personal contemplation of my faith, my calling, and faith-filled experiences. As my 10th Anniversary of Ordination approaches on November 28th, I offer this reflection.

From a very young age, growing up in Calgary, Alberta, I felt a calling to ordained ministry. However, being raised in the Roman Catholic tradition precluded that this would be an impossible undertaking, much to my dismay. Consistent with my desire to be of service to God's people, I pursued a career in the field of Social Work. Subsequent to my initial six years working in the field, I obtained my Master's Degree. The majority of my years thereafter were spent working as a clinical therapist at Windsor Regional Hospital in the field of adult mental health, while concurrently engaged in conducting a private practice, along with teaching in the School of Social Work at the University of Windsor from 1984 to 2006. I thoroughly loved teaching undergraduate students and supervising master level students, impressing upon them always that we are bio-psycho-social-spiritual beings.

Throughout all those years, the feeling that I was being called to ordained ministry never really left me. One day, in 2010, I happened to read an article in the Windsor Star about All Saints Anglican Church and its Rector, The Reverend Kim Van Allen. By this time, I was no longer a practising Roman Catholic and had been seeking an inclusive, eucharist based, spiritual home. To make a long story short...I found it! I felt deeply that it was all part of God's plan and three years later, I was ordained as an Anglican Deacon. Five years ago, I found my way to St. Matthew's.

The word 'deacon' is derived from the Greek word *diakonos* which is a standard ancient Greek word meaning "servant", "minister", or "messenger". I love how the Diocese of Niagara describes deacons as "icons of servanthood (servants of the world on behalf of the church), agents of the bishop, and leaders who encourage baptismal ministry within their parish." So, my ministry is fundamentally about service to others. It means dedicating my life to assisting and guiding members of my faith community (and beyond) on their spiritual journeys. While 'service to others' can take many forms, I am particularly drawn to pastoral care....caring for and nurturing the spiritual well-being of our people within our parish, (and beyond), providing guidance, comfort, and support during life's challenges and in celebration of life's joys. I refer to this as 'in-reach'. I am also drawn to 'out-reach' programs, particularly with those in the downtown corridor who are shelter-deprived and/or are experiencing addiction. I also really enjoy coordinating our annual parish Christmas Angel Tree Program. My role is also about sharing the teachings and message of our faith tradition with others. This not only means proclaiming the gospel, but also living it out in my daily life. I am, as well, a member of our St. Matthew's pastoral team. It is a blessing to work alongside our rector and fellow deacon. Together, we play a part in building and nurturing a sense of community within our church. We help to foster relationships among members, helping to promote unity, and helping to create a welcoming and inclusive environment for all.

Of course, as in life, there are times when serving as an ordained deacon can have its challenges. But greater still, it brings with it immense rewards, a sense of spiritual fulfillment, a sense of purpose, and a constant reminder that my calling is all part of God's loving plan for me. How deeply grateful I am and how very honored I am, to have been called to the diaconate and called to minister within such a faith-filled, loving, inclusive community - St. Matthew's.

~ Glenda



**Photo taken on March 3, 2019, celebrating the
Covenant in Ministry with the Rev'd Glenda M. Fisher
from The Journey Easter 2019**

Values of Touch Therapy From Lori Maisenville, RP

Tree Planting Sunday, April 23, 2023

During **Earth Day** weekend, a few members of our parish had an opportunity to form a small (but mighty) St. Matthew's team with friends and family, and participated in planting trees to make a difference in our community. The event was

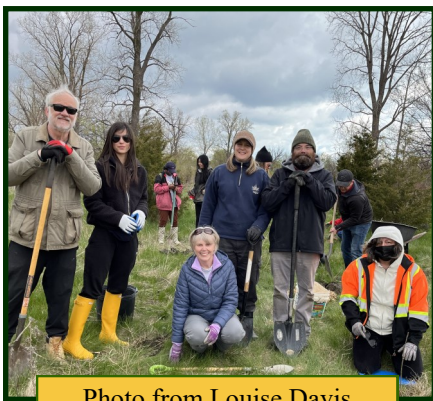


Photo from Louise Davis

organized by the Essex Region Conservation Authority (ERCA), and took place on Sunday, April 23, between 10 am and 12 pm. This was one of the rare occasions when missing church was sanctioned and even encouraged, by the Rector. **Let's continue to invest in our planet, our community and home!**

Supporting International Students at University of Windsor (Canterbury College)

Curbside Canned Food Drive, June 17, 2023.



And thanks to all who donated cleaning supplies in the month of August!



Photos from Andreas Thiel and Carol Caverzan

Every early October we celebrate Harvest Thanksgiving Sunday at St. Matthew's, when our Chancel Guild industriously and creatively transforms all the parishioners' food contributions into a true cornucopia of fall colours and visual appeal. **This 2023**, all donations will go to Windsor Homes Coalition. (<https://www.wfhcp.com/>)

Photo, The Journey Fall, 2013



When we listen...

We do not judge,
we include.

When we include,
we share.

When we share,
we find meaning.

In that meaning,
we gain knowledge.

In that knowledge,
we understand.

With a shared understanding,
we work together
with compassion.

With compassion,
we actively support
each other.

Through action,
we grow.

In that growth,
we transform and transcend,
seeking resonance
with the whole.

When we listen...

**This Thanksgiving season, remember Hiatus House,
the South West Detention Centre, and our Food Cupboard**
Thank you for your continuing support!

My Continued Journey to Fight Childhood Cancer by Paul Allsop

During August of this year I joined over 26,000 riders across Canada in **The Great Cycle Challenge- Canada**, to raise funds for Sick Kids Hospital, Toronto, and to join in their battle to rid the world of childhood cancers.



Children should be living their lives not fighting for them! **Cancer is the largest killer of children in Canada; 27 children are diagnosed with cancer every week.** In my six years riding in this challenge I have raised \$15,300 and ridden 2,717 Kms.



**Photo, The Journey
Fall, 2022**

The kids in active treatment at Sick Kids are our focus throughout the ride, as we regularly get messages from them, rooting us on to reach our goals. As we reach significant levels of mileage and funding goals they honour us with badges for each level of the challenge.

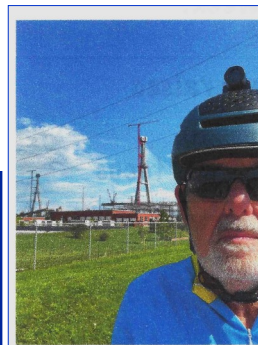
This contact with the children encourages the riders to ride on, knowing that research funded by this challenge has developed new treatments that have made a difference. In the seven years of the ride 20,179,00 Kms have been ridden and over \$39,000,000, have been raised for Sick Kids.

My results have not been my success alone, but that of all the friends and family who continue to support my challenge year after year. You know who you are and I love and thank all of you for sticking with me through the past six years.

Oh, it's not all serious. My son's family bought me a bike jersey that reads: "Don't underestimate an Old Man on a Bike." Who's he calling an old man? See you again next year! **God Bless you all!**

You do get to see a few interesting things as you ride far and wide. This picture is of the Gordy Howe Bridge, under construction and due for completion in late 2024.

There will be a bike lane, both ways Woot, Woot!



Photos from the author

Have you joined our e-mail communication list? It is the fastest and most environmentally friendly way to receive communications from our clergy. Enroll at:

stmatthewswindsor@diohuron.org

Do you receive "The Journey" by e-mail? You could get your newsletter in PDF in full colour by joining the e-mail distribution list. Request your subscription at:

thejourneyatstmatthews@gmail.com

Auto-deduction giving – Please consider this option, which helps us meet our monthly financial obligations. To learn more, change amount (a small increase can make a big difference!) or switch from credit card to bank account, please contact Beth Felet at (519) 969-3035.

Everything I need to know, I learned from my Horse

by Jody Ness

As a young child growing up in suburban Toronto, I was bitten by the horse bug ...

But it wasn't until I was 40 that I finally attained my childhood dream and bought my first horse. Cassie. Her show name was **Constant**

Comment – named for the special spicy blend of tea I enjoy, and because people were always noticing her wherever we went. She jumped like a dream and we competed successfully in the amateur show circuit. Life was great, but the good times were about to change. Life threw me a couple of curveballs from which I feared I would never recover. Cassie became my best friend, my confidante, my shrink, my reason for living. She always seemed to know when I needed a “hug.” Her soft mane was always available to mop up my tears. Cassie taught me what I have learned to call an **Equestrian Life Lesson: What do you do when you fall off a horse? You dust off your breeches and you climb back on.**



And just when I thought I was “Back in the High Life”, life conspired against me again, so here's the next **Equestrian Life Lesson: Don't count your ribbons before the show starts.** Coping with failure and disappointment had not been in the curriculum at Queen's University Business School. It was, however, another lesson to be learned in the show ring. That is: **Worrying about the jump you just knocked down won't help you get over the next one.**

This was when I changed horses, so to speak. I decided to try my hand at something completely different. I became an entrepreneur, a marketing and communications consultant, an actor, a model, a talent agent, an automotive journalist. I became whatever it took to pay the mortgage and the board bill – not necessarily in that order.

This time the lesson Cassie taught me was to take a chance: **You can't learn to ride sitting on the ground. Sometimes you just have to climb on, hang on, and keep moving forward.**

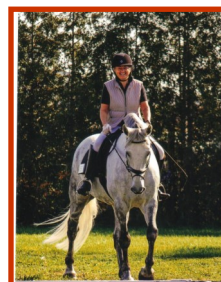
Time passed and eventually I lost my special partner. Cassie had done everything she could to help me heal and grow into a better, stronger person.

Since then, I've had a number of special equine teachers who have continued with my lessons: Wheels, High Life, Dexter, Lester and Kir Royale. Today, horses are still my passion, and I still ride. And if you miss me at church sometimes on Sunday mornings, it's probably because I'm either competing or judging. **I hope my Equestrian Life Lessons may resonate with you too!**

Photo at the top: The author riding Constant Comment (Cassie), during a show near Toronto (c. 1995)

Photo right: Lester and Kir Royale.

Photo far right: The author and Kir Royale, at a show at Cameo, a farm near Petrolia.



Photos from the author



Saint Francis of Assisi is known, amongst other things, as the patron saint of animals and the environment. Many churches hold special ceremonies of blessing of animals on **his feast day, October 4**, such as St. Matthew's and St. James' churches did together in the past. (Rev'd Andreas Thiel, photo left, and Rev'd Rob Henderson, photo, right).



From *The Journey Advent*, 2015

Celebrating this season

October

3 – Ryan Ritchie
4 – Virginia Schofield
7 – Paul Allsop
8 – John Rossi
10 – Frank Geml
11 – Meaghan Felet
11 – Joan Mallender
12 – Gabriela Savva
12 – Mark Donlon
14 – Brayden Ritchie
14 – Nadine Donlon
16 – Ginny McAdam
19 – Donn Bayne
21 – Dennis Bernard
22 – Steve Yednoroz
26 – Mary Grace Weir

Birthdays

November

2 – Patti Weir
6 – Beth Felet
10 – Ladd Ritchie
12 – Susan Trenhaile
15 – Audrey Goldspink
16 – Robert Weir
16 – Jacqui Rene
28 – Julia Rossi

December

11 – Iris Marie Donlon
13 – Maddie Hancock
14 – Carol Bulley
14 – Patty Paraschak
16 – Andy Hahn
22 – Sarah Henderson
22 – Irene Paraschak
25 – Mike Herrington
27 – Helen Cahill
28 – Cory Yednoroz

Anniversaries

November

19 – Frank & Joan Geml
30 – Bob & Cora Braidford

December

19 – Jody Ness & John Riddle
Happy 25th Anniversary! (photo from Jody Ness)
21 – Scott & Laurie Ritchie



October

7 – Don & Jane Gall
9 – Paul & Gwen Allsop
13 – Ladd & Florence Ritchie
17 – Mark & Dora Donlon
27 – Steve & Kim Sussens

Special Dates and Events to Remember



On August 31, St. Matthew's longtime parishioner, choir member and photographer, Dr. Gordon Drake, stepped down from his role as principal of Canterbury College (U of Windsor), after 15 years of service. **A reception celebrating Gordon's leadership is set for October 3, 2023 at 4 p.m. in the college administration building (2500 University Ave. West.).** Dr. Drake is a U of Windsor physics professor emeritus. Canterbury College is the Anglican college affiliated to the U of Windsor, offering student residences, chaplaincy services, courses, and lifelong learning through Elder College, and public lectures.

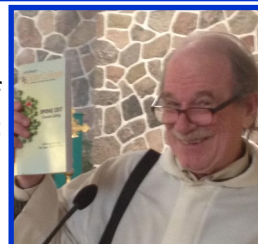
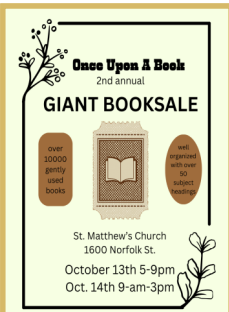


Photo Lent, 2017



Once Upon a Book... Take Two! Stock Up on all your winter reading needs at Bargain Prices!! It's time for St. Matthew's 2nd Annual Book Sale. **The sale will take place in the Parish Hall on Friday October 13 from 5-9 and Saturday October 14 from 9-3. Volunteer sign-up and advertising materials are available in the narthex.** Tables are set up along the east wall of the Parish Hall to receive donations of books; the hall will be open for donations Oct 6 & 11 from 6-8pm, and Oct 12 from 11am-3pm. Please do not put books onto the stage since those books have already been sorted. Please mark your calendars and tell your friends, co-workers and neighbours. This year we will have even more books and an even greater selection, featuring dozens of categories, as well as CD's and DVD's. Larger format coffee table books and art books are also available and make great gifts. **Contact:** Louise at 519-564-0205 or Roger at 226-345-6749.

Continue on next page ...

... Cont. Special Dates and Events to Remember

T.N.T. Reserve the first Friday of the month for our TNT ("Theology 'n' Tap" or "Tap, No Theology") meetings, starting at 6:00 pm, at Cramdon's Restaurant (2950 Dougall Ave.) Some come with their children, some with a partner, and some by themselves. Come for dinner, or just drinks, or just good conversation and friendship! **Our next T.N.T. night will be Friday, October 6, 2023**

Richard Hucal



The Journey Fall, 2014



CHRISTMAS CRAFT & FOOD MARKET 2023

SATURDAY, NOVEMBER 11 FROM 9:00AM TO 2:00PM

- Handmade crafts
- Baked goods to go
- Frozen meat pies (tourtière)



This is a wonderful opportunity to volunteer, get lots of Christmas shopping done, and enjoy seasonal treats.



Advent, 2019

A Special Dinner in Honour of Our Rector, the Rev'd Andreas Thiel

Saturday, November 18, 2023, in the Parish Hall. A catered meal, details coming soon!

The Journey Fall, 2017



A Concert

**The Oasis Women's Choir of Windsor & Essex County
Sunday, December 2, 2023
2:00PM at. Matthew's Church**

A community-based choir that was founded in September 2012 by their director, Kathy Rogers, it is made up of women of all ages, coming from all walks of life, who love to sing and entertain. The group sings a varied repertoire of pieces, from Broadway to Ballads, from pop to folk music, from Swing to Jazz. Practices took place at St. James' Church for some time, and now we welcome them here at St. Matthew's, every Tuesday evening.

Information from: www.oasiswomenschoir.ca

Fellowship Hour— Coffee, snacks, and fun!

You may sign up by yourself or with a team to oversee putting on the coffee/tea with clean-up following. There is a separate sign-up if you would like to be someone that brings a snack. **Thank you! Jen and Louise.**



**Bishop Terry Dance
Visiting St. Matthew's
summer 2014**

Photos by Gordon Drake

News from the Pews:

We hope to hear from you soon!



Summer, 2015



Special Birthdays—It seems like yesterday when we celebrated Rev'd Andreas' 50th birthday with a cake, especially made for the occasion, by Erica Rossi (photos, left). And it was indeed an extra special day for St. Matthew's and Rev'd Andreas last **April 9**, since we celebrated his birthday, as well as Easter Sunday!

Photo by Gordon Drake



Outstanding Parishioners recognized— From Jen McAlpine: "On May 18, 2023, Toni and I went to watch Arlette receive an outstanding service award from the public school board. While we were there, we saw Danielle and Paul, they were receiving an award as well, for their outstanding community work in the sciences, with regards to their work with the robotics teams."

Photos by Jen McAlpine: Arlette Repko (left); Paul Finlayson and Danielle Richer (right)



Summer, 2019

June 1st, Happy Birthday, Rev'd Glenda!

Photo, left (2019): Celebrating Rev'd Glenda Fisher's 70th birthday, at fellowship hour. Front row: Roxanne and Alexis; back: Abbey, Glenda, and Carol. **Photos, right (2023):** Surprise Birthday Breakfast, at the Lumberjack Restaurant.



Photos by Carol Caverzan

June 4, Happy Birthday, Margaret!



Margaret's 90th birthday, distancing during COVID pandemic. From *The Journey*, fall 2021



Photos (2023) by Gordon Drake

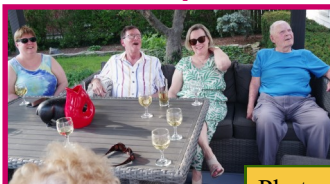


A story from Margaret Jemison: Back when she was attending John L Forster Secondary School, she was a cheerleader while Irene Paraschak and Joan Mallender were stars in the basketball team.

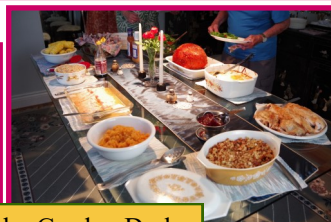
Photo, left, from Margaret Jemison, seen with fellow cheerleaders



Choir's Summer Party



Photos by Gordon Drake



Continue on next page ...

... News from the Pews cont.



July 5, Happy Birthday, Rev'd Cathy!

On July 9, 2023, we celebrated our deacon Cathy's 80th birthday, with a delicious brunch, followed by a beautiful cake.



Photo left, Cathy's 70th birthday, From *The Journey*, fall 2013

Photos (2023) by Gordon Drake



Gordon Drake's 80th birthday August 20, 2023 Happy Birthday, Gordon!



Photos from Gordon Drake



Recycling—It's Not Hard Being Green

Help keep our hall "green"

- Place items in the correct
 - o garbage can,
 - o recycling bin or
 - o compost bag
- Rinse items for recycling prior to recycling when applicable
- Place perishable waste in the garbage can in the main hall (if not composting)

Keeping our hall "green"

Attention, Coffee Hosts!

The garbage bin by the coffee machine is only for wrappers and other DRY garbage. **On the counter, there is a COMPOST BIN** for wet napkins, used filters and coffee grinds.



Before dropping items in our recycling bins, please take a moment to read the labels and graphics attached to them. They clearly explain what is in fact recyclable in our municipality. **As always, all materials should be clear of liquids, food, or other non-recyclable stuff.**

In the hall, there is a dedicated Corrugated Cardboard Bin; examples are pizza boxes (non-greasy sections), or other large boxes. In the photo, paper dinner plates do not belong there.

The Blue Box in the middle is for cans, plastic bottles and juice containers (no lids). They all must be rinsed and emptied. In the photo, a lid smeared with food is a huge no-no.



The Red Bin is for paper products, including paper cups and plates (provided they are empty and clean).

Plastic straws, forks, and any other single-use cutlery are now banned from any event in our Diocese.

Photos by Irene Savva

A Heartfelt Thank You!

For coming to St. Matthew's ...
For loving us, without knowing us...



May 24, 2015



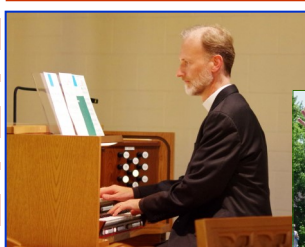
Triduum, 2019



For your kind ministry,
and your teachings to
all, big and small...



September 15, 2013



October 23, 2016

For sharing your many talents ...

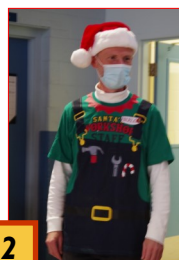


June 14, 2020

For your leadership,
while wearing many
hats (pun intended) ...



Advent, 2022



God bless your path,
dear Rev'd Andreas, wherever
your journey shall take you ...

For a brief biography of our rector, check *The Journey Fall, 2014*

Please submit your articles, feedback and other contributions to Sue Bernard, Irene Savva, or to thejourneyatstmatthews@gmail.com Are you celebrating a milestone anniversary soon? Submit your wedding picture for publication! **Also let us know of any updates needed in the birthday and anniversary announcements; we apologize for any mistakes or omissions.**

New Parishioners: Join the announcements!

Everybody is Welcome!

Sunday Services

8:30 am & 10:00 am

To prevent the spread of COVID19 and other infectious diseases, when feeling unwell, it is strongly recommended to abstain from attending public gatherings, including services of worship.

Visit our website

<http://www.saintmatthewswindsor.ca>

Check out "The Journey" in full colour
and our Facebook page 

St. Matthew's Church

1600 Norfolk St.
Windsor, ON N9E 1H5

Phone: (519)969-1510

E-mail:

stmatthewswindsor@diohuron.org

Rector:

The Reverend Andreas Thiel
Cellphone (226)345-5085
(Monday is our rector's day off)

Deacons:

The Reverend Cathy MacKendrick
The Reverend Glenda M. Fisher